

Contact information

Organiser contact information	
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Address	Lahti Ski Games, Lahti Sports Centre, Salpausselänkatu 8, FI-15110 Lahti
Website	www.lahdenhiitoseura.fi/coc2022/

Officials	
FIS Technical Delegate	Suzanne Tahk (EST) Florian Kaltenbach (GER)
Sport	Tami Kiuru (FIN) +358 50 331 7279 tami.kiuru@lahtiskigames.com
Chief of Competition	Tony Kilponen (FIN) tony.kilponen@gmail.com

Event schedule

Event schedule (LOC times)			
04.03.2022	Event	Location	Races
14:00	Team Captains' Meeting	Lahti Sports Centre	5 Mar - COC Men's GUL 6 Mar - COC Men's GUL
16:00	Official Training JP	HS130	5 Mar - COC Men's GUL 6 Mar - COC Men's GUL
17:30	Start PCR	HS130	5 Mar - COC Men's GUL 6 Mar - COC Men's GUL
18:30	Official Training CC	2,5km South NC	5 Mar - COC Men's GUL 6 Mar - COC Men's GUL
05.03.2022	Event	Location	Races
10:00	Start Trial Round	HS130	5 Mar - COC Men's GUL
11:00	Start for JP	HS130	5 Mar - COC Men's GUL
14:00	Start for CC	2,5km South NC	5 Mar - COC Men's GUL
06.03.2022	Event	Location	Races
09:00	Start Trial Round	HS130	6 Mar - COC Men's GUL
10:00	Start for JP	HS130	6 Mar - COC Men's GUL
15:00	Start for CC	2,5km South NC	6 Mar - COC Men's GUL

Entries

Teams must use the FIS Online Registration System for the entries.

Preliminary entries 22nd January 2022

Entries 25th February 2022

Logistical information

Accommodation

Accommodation is in the Lahti City Centre. Teams must use the FIS online booking system by requesting the number of rooms, SGL / DBL with full-board, and arrival and departure dates. The OC will pay accommodation costs according to the rules reimbursement lists. For additional persons, the teams must pay directly to OC. Accommodation payments will be made by bank transfer. Please inform your invoice address early in advance to: anne-mari.sipponen@lahtiregion.com

Accreditation

The accreditation will be handed at Team Info, at the ski jumping hills. Address: Suurmäenkatu 5, FI- 15900 Lahti.

Transport

The official airport is Helsinki airport (94 km from Lahti).

The organising committee can arrange transportation between the airport and the hotels. Teams must send the transportation request, exact arrival times, flight numbers, and the number of arriving people to the organiser at the latest eight (8) days before arrival via the FIS Online Entry system. Transportation price: 40€/ person / one-way.

The OC provides a scheduled shuttle service to the teams between the hotels and the stadium. Time schedules to be informed on www.lahtiskigames.com/en/coc

For individual requests for shuttle service, please email: transportation@lahtiskigames.com

Reimbursement

Accommodation costs: Over quota costs are to be paid by credit card.

Prize money

Prize money payment according to the rules. OC will use a protected FIS database for prize money payment information. Please ensure that all your athletes' information is uploaded to the system before the race weekend (including Tax codes).

Finnish law does not allow any prize money transfer without indicating the TINs (Tax identification number). You can find an instruction where to find your personal TIN here: <http://www.oecd.org/tax/automatic-exchange/crs-implementation-and-assistance/tax-identification-numbers/>.

Team Areas

Waxing facilities & Athletes' Rooms

The service area is at the ski jumping hills (Ski Jumping and Nordic Combined). Address: Suurmäenkatu 5, FI-15900 Lahti.

The Team Info and the service area office are in the same area.

Team parking is located 100m from the service area, at the field on the way to the hills. Suurmäenkatu 4, FI- 15900 Lahti.



Accommodation, accreditation and transportation offices are at the Grand Stand building of the Lahti Ski Centre. Address: Salpausselänkatu 8, FI-15110 Lahti.

Medical Service & Health protection plan

The event will be organised according to Finnish law and local authorities guidelines.

Local Hospital

Päijät-Häme Central Hospital - Open 24 / 7

Keskussairaalantie 7, 15850 Lahti.

Tel. +358 3 81911, +358 3 8192385, +358 3 8192002

General Covid-19 instructions to all accredited participants

FIS Continental Cup prioritizes the health and safety of all participants. We follow the Finnish national and local rules and precautions related to Covid-19. The instruction may change on short notice. Up-to-date information is available at <http://www.lahdenhiitoseura.fi/coc2022/covid-19/>. Additional information can be obtained from the event Covid-19 team: covid19@lahtiskigames.com, +358447262773.

All accredited event participants are requested to follow these instructions:

- Make sure you are completely healthy when attending the event. If you have any symptoms related to Covid-19, inform your contact person and stay at home until you are healthy.
- Wear a mask in the event area. Using a mask indoors in the accredited areas indoors is required all the time, as well as outdoors when it is not possible to maintain the safety distance to others.
- Take care of safety distances to others whenever possible.
- Take care of good hand hygiene.

The LOC provides additional health instructions based on the situation and the role of the participant.

ENTRY TO FINLAND

Entry regulations to Finland are available [here](#). Check the entrance requirements depending on your country of departure. In general, travellers arriving from EU / Schengen area not required a Covid-19 test when arriving to Finland. In a post-entry health check, a vaccine certificate or recovery certificate (less than 6 months old) may be required.

Arriving from other countries (outside Schengen / EU), typical requirement is to present vaccine or recovery certificate. In case you have team members that don't fulfill the entry requirements (e.g. arriving from outside of Schengen without a vaccine certificate approved in Finland), contact covid19@lahtiskigames.com at latest 72 hours before arrival to obtain the required permissions.

The up-to-date way to check the individual entry requirements is to log in [Finentry](#) -service and enter your travel details and other requested information. Using the service is not mandatory.

Regulations of radio equipment/Radio Frequencies

The Finnish Transport and Communications Agency (Traficom) regulates the use of radio frequencies in Finland. Based on submitted applications, Traficom issues radio licences for users of radio transmitters to ensure trouble-free utilisation of the radio spectrum. Applications can be submitted by filling in the form found with the link below no later than 28th January 2022.

<https://www.traficom.fi/en/contact-form-event-organizers>

Some radio transmitters can be used on a licence-exempt basis depending on their operating frequency and application.

Please refer to Traficom Regulation 15 - <https://www.traficom.fi/en/regulations/regulation-15-collective-frequencies-licence-exempt-radio-transmitters-and-their-use>



The applicable frequency bands for wireless cameras, video links and microphones have been collected to page <https://www.traficom.fi/en/communications/communications-networks/wireless-cameras-video-links-and-microphones>

Regulations of Visa

The citizens of some countries will need a visa to visit Finland. Please check with your embassy if you need a Visa for Finland.

More information is also available on the website of the Finnish Ministry for Foreign Affairs: <https://um.fi/visa-to-visit-finland>

For an official letter of invitation, please send a request to the Competition Manager of Lahti Ski Games, Tami Kiuru, email: tami.kiuru@lahtiskigames.com

FIS CONTINENTAL CUP MEN, LAHTI 5.-6.3.2022

Nordic Combined & Ski Jumping

Friday 4.3.2022

14.00 Nordic Combined Team Captains' meeting

16.00 Nordic Combined official training HS130 (2 rounds)

17.30 Nordic Combined Provisional Competition Round HS130

18:30-19:30 Nordic Combined Official Cross-Country training

Saturday 5.3.2022

10.00 Nordic Combined Trial Round HS130

11.00 Nordic Combined Ski Jumping HS130

13.30 Ski Jumping Team Captains' meeting

14.00 Nordic Combined Individual Gundersen 10km

15.30 Ski Jumping Official Training HS130 (1 round)

16.15 Ski Jumping Trial Round HS130

17.30 Ski Jumping HS130

Sunday 6.3.2022

09.00 Nordic Combined Trial Round HS130

10.00 Nordic Combined Ski Jumping HS130

11.30 Ski Jumping Trial Round HS130

12.30 Ski Jumping HS130

15.00 Nordic Combined Individual Gundersen 10km

All prizegiving ceremonies immediately after the competition.