

| FK | | Schedule FIS Freeski SS World Cup | | | | | SS |
|--|--------------|-----------------------------------|----------------|---|--|---------------------|----|
| | | Font Romeu FRA | | | | | |
| as of 09.08.22 | | | | | | | |
| Monday, January 09, 2023 FK SS Arrival day | | | | | | | |
| | Start | Finish | Duration | Event | | Location | |
| SS | 20:00 | - | 21:00 | 1:00:00 | TCM Medical Briefing | | |
| | | | | | Training groups TBC at TCM | Chalet Des Airelles | |
| Tuesday, January 10, 2023 FK SS Training | | | | | | | |
| | Start | Finish | Duration | Event | | Location | |
| SS TR | 9:45 | - | 10:00 | 0:15:00 | Inspection | | |
| | 10:00 | - | 14:00 | 4:00:00 | Womens and Mens training | | |
| | 14:15 | - | 14:30 | 0:15:00 | Course review outside finish area | | |
| | 18:00 | - | 18:30 | 0:30:00 | TCM SS TBC at Course review | Chalet Des Airelles | |
| Wednesday, January 11, 2023 FK SS Training | | | | | | | |
| | Start | Finish | Duration | Event | | Location | |
| SS TR | 9:45 | - | 10:00 | 0:15:00 | Inspection | | |
| | 10:00 | - | 14:00 | 4:00:00 | Womens and Mens training | | |
| | 14:15 | - | 14:30 | 0:15:00 | Course review outside finish area | | |
| TCM | 18:00 | - | 19:00 | 1:00:00 | TCM Mens Draw | Chalet Des Airelles | |
| Thursday, January 12, 2023 FK SS - Qualifications | | | | | | | |
| | Start | Finish | Duration | Event | | Location | |
| | 9:15 | - | 9:30 | 0:15 | Men's Heat 1 Inspection | | |
| Mens Qualifications | 9:45 | - | 10:30 | 0:45 | Men's - Heat 1 Training | | |
| | 10:30 | - | 10:45 | 0:15 | Course Prep | | |
| | 10:45 | - | 11:30 | 0:45 | Men's - Heat 1 Run 1 (30) | | |
| | 11:30 | - | 12:15 | 0:45 | Men's - Heat 1 Run 2 | | |
| | 12:15 | - | 12:30 | 0:15 | Course Prep | | |
| | 12:30 | - | 13:15 | 0:45 | Men's - Heat 2 - Training | | |
| | 13:15 | - | 13:30 | 0:15 | Course Prep | | |
| | 13:30 | - | 14:15 | 0:45 | Men's - Heat 2 Run 1 (30) | | |
| | 14:15 | - | 15:00 | 0:45 | Men's - Heat 2 Run 2 | | |
| TCM | 18:00 | - | 19:00 | 1:00:00 | TCM Women Draw | Chalet Des Airelles | |
| Friday, January 13, 2023 FK SS - Qualifications | | | | | | | |
| | Start | Finish | Duration | Event | | Location | |
| Womens Qualifications | 9:45 | - | 10:00 | 0:15 | Womens - Inspection | | |
| | 10:00 | - | 10:45 | 0:45 | Womens- Training | | |
| | 10:45 | - | 11:00 | 0:15 | Course Prep | | |
| | 11:00 | - | 11:45 | 0:45 | Womens - Heat 1 - Run 1 (30) | | |
| | 11:45 | - | 12:30 | 0:45 | Womens - Heat 1 - Run 2 | | |
| TCM | 18:00 | - | 19:00 | 1:00:00 | TCM for Finals | Chalet Des Airelles | |
| Saturday, January 14, 2023 FK SS Finals | | | | | | | |
| | Start | Finish | Duration | Event | | Location | |
| FINALS | 9:50 | - | 10:00 | 0:10:00 | Womens and Mens Inspection | | |
| | 10:00 | - | 10:45 | 0:45:00 | Womens and Mens Training | | |
| | 10:45 | - | 11:00 | 0:15:00 | Break | | |
| | 11:00 | - | 11:20 | 0:20:00 | Womens (R1) (10) | | |
| | 11:20 | - | 11:22 | 0:02:00 | Break | | |
| | 11:22 | - | 11:42 | 0:20:00 | Womens (R2) (10) | | |
| | 11:42 | - | 11:43 | 0:01:00 | Flash interview womens winner | | |
| | 11:43 | - | 11:48 | 0:05:00 | Awards Preparation | | |
| | 11:48 | - | 11:51 | 0:03:00 | Womens Slopestyle Flower Ceremony (Top 3) | | |
| | 11:51 | - | 11:54 | 0:03:00 | World Cup Leader Bid Presentation | | |
| | 11:54 | - | 12:00 | 0:06:00 | Break - Free course | | |
| | 12:00 | - | 12:20 | 0:20:00 | Mens warm-up | | |
| | 12:20 | - | 12:30 | 0:10:00 | Break | | |
| | 12:30 | - | 12:58 | 0:28:00 | Mens (R1) (14) | | |
| | 12:58 | - | 13:01 | 0:03:00 | Break | | |
| | 13:01 | - | 13:29 | 0:28:00 | Mens (R2) (14) | | |
| | 13:29 | - | 13:30 | 0:01:00 | Flash interview womens winner | | |
| | 13:30 | - | 13:35 | 0:05:00 | Finish Area Awards Preparation | | |
| 13:35 | - | 13:40 | 0:05:00 | Men's Slopestyle Flower Ceremony (Top 3) | Bottom of Course | | |
| | 13:40 | - | 13:45 | 0:05:00 | World Cup Leader Bid Presentation | | |
| Sunday, January 15, 2023 Departure day | | | | | | | |