



**Station touristique Stoneham
Stoneham, QC, Canada
March 23th– 26th 2023**

Invitation

The Stepuptour 2023 and Freestyle Canada (FC) are pleased to invite eligible athletes to the **2023 NORAM Cup Final** that will be held at **La Station touristique Stoneham**, Stoneham, Quebec on **march 23th to 26th 2023**. The event is sanctioned by FIS and Freestyle Canada and part of the NORAM Cup.

1. The event is sanctioned by FIS and Freestyle Canada, and is organized by Stepuptour 2023 in collaboration with La Station Touristique Stoneham.
2. The competition is comprised of 2 events: Slopestyle & Big Air.
3. All athletes participating in the HP/BA Nor-Am Stoneham ski resort must have a valid FIS license issued under the authority of their national ski association.

WED March 22nd 2022
THU March 23rd 2022
FRI March 24th 2022
SAT March 25th 2022
SUN March 26th 2022

ARRIVAL DAY
BA / SS - OFFICIAL TRAINING
TRAINING SS/BA – BA QUALIFICATIONS
SS QUALIFICATIONS – BA FINAL
SS – FINAL

Please refer to the attached detailed schedule.
Schedules are subjected to change by organizing committee



General Information

Date and location – The Competition will proceed as follows:

Competitions will be held March 23th and 26th 2023 at la Station Touristique Stoneham. Training will start on Thursday march 23rd 2023.

Click here for Map and Directions to Stoneham ski resort

<https://ski-stoneham.com/joindre/coordonnees/>

Registration – Entries must be received no later than March 15th, 2023 at 11:59 p.m. MST.

Athletes are welcome to register for multiple events. Entry fees (per participant) are as follows:

- 1 Event: \$180cad + fees
- 2 Events: 360\$ cad + fees

Registration link: <https://inscriptions.stepuptour.com/en/>

Refund policy as described in FIS Rules and Regulations for NORAM cup.

If further information is required, contact info@stepuptour.com

Quotas

Nation	Halfpipe / Slopestyle / Big Air	
	Women	Men
Canada	15	15
USA	15	15
Host Nation	Up to remaining total field size	Up to remaining total field size
Foreign Nations	20 – Max of 8 per nation, with a max of 5 per gender	
Totals	120 - Max field size determined by each event	

- for more details about the remaining spots available please contact Guyaumesl@hotmail.com

Foreign Nations Entries Must be submitted by the deadline outlined in CoC rule 2.2.1 using the official FIS Entry Form. Foreign Nation Entries will be confirmed upon payment receipt.



LIFT TICKETS

Lift tickets will be available for purchase each day of training and competition at registration office. There are two options for lift tickets: 1) single day for 50\$ CDN/day + GST 2) 3-5 days package lift ticket. There are no refunds with either option. To qualify for this competition pricing, athletes must appear on the registration list. Each competitor must have a valid lift ticket or an access card to the venues for each day of the event. **Please note that we accept credit card and wire transfers.**

Coaches and officials: Free and available at race office.

ACCESS CARD TO THE VENUES (mandatory XLparkpass): this access card is included for those who will purchase lift ticket. A fee of 20\$CAD/day will be charge for any participants who doesn't need lift ticket. **Please note that we accept credit card and wire transfers.**

BIB DEPOSIT

There will be a \$20 CASH ONLY bib deposit. If a bib is lost or forgotten, there will be a \$20 replacement fee. An athlete's bib number must match event registration for judging and scoring. If you need to replace your bib, please ensure the on-site registration staff updates your entry information. Bibs must be worn properly for all on-site training and for the competitions.

SLOPESTYLE AND BIG AIR HEAT FORMAT

Ski Slopestyle will consist of best of 2 runs qualification and a best of 2 runs final.

Ski Big Air will consist of best of 2 runs qualification and a 3 runs final (two directions A&B format)

The jury can determine the format, based on the number of competitors in the qualifications by gender and time schedule. This decision must be made before and will be announced at the first team captain's meeting.



THROPHEES AND PRIZES :

CASH PRIZES will be pay in CAD by check on site.

Slopestyle Male & Femaie: **1st place: 2 000\$ 2nd place: 1 250\$ 3rd place: 750\$**

Big Air Male & Female: **1st place: 2 000\$ 2nd 1250\$ 3rd place: 750\$**

Best trick Male & Female SS/BA: **250\$**

Officials

Chief of Competition	Phil Belanger
Chief of course SS & BA	Lewis Levesque
Head Judge	Elliot Carter
Technical delegate	John Gandolfo
Chief of Scoring	Charles Antoine Morache
Chief of Reg office	Jay Duchaine

Organizing committee

Organizing committee chair Guyaume St-Cyr Lachance, Jay Duchaine and Phil Belanger

Organizing committee contacts

General inquiries : info@stepuptour.com

Guyaume St-Cyr Lachance

Event Director

Email : Gyaumesl@hotmail.com

Phil Belanger

Chief of Competition

Email : phil@d-structure.com



Competition REG Office: Salle Grand Duc who is located next door to Hotel Stoneham front desk.

STATEMENT OF LIABILITY ACCIDENT INSURANCE

All athletes, officials and other members of the regions who attend and participate in the event shall do so at their own risk. Every competitor is required to have his/her own medical and life insurance that is adequate and covers maneuvers being performed in training and competition, as well as a valid Freestyle Canada FIS membership. The Organizing Committee, Développement Sports Extrêmes Québecm Union Ski inc., Stepup Tour 2023, Ski Acro Quebec, Stoneham Ski Resort and Freestyle Canada shall not be responsible for accidents, damaged or lost equipment and belongings and/or second or third-party claims during the staging of the event. All participants are to protect and safeguard their personal belongings at all times.

ACCIDENT INSURANCE

Every competitor must have his/her own medical insurance in accordance with the FIS ICR rule 204.2. The Organizing Committee, sponsors, suppliers, Stoneham Ski resort, Ski Acro Quebec, sponsors, suppliers, their agents, employees and volunteers and FIS declines any responsibility for accidents, damaged equipment and second and third-party claims during the staging of the event.

Transportation – Athletes and Coaches are responsible for transportation.



ACCOMMODATIONS/LODGING – Teams are responsible for booking and paying directly for their own accommodations. Please check the terms of cancellation before confirming your reservation. The Chalet Alpins and Hotel Stoneham are our preferred partners. Please check with them for room rates, occupancy conditions. We advise that you book early. Use and mention Stepuptour 2023 FIS NORAM to have your preferential discount at Chalet Alpin and Hotel Stoneham.

Links:

<https://hotelstoneham.com/>

<https://www.chaletsalpins.ca/nous-joindre/>

Please visit <https://www.quebec-cite.com/fr> for other accommodations & activities in the Quebec City area.

IMPORTANT NOTICE

Please note that there will be **ZERO TOLERANCE** for any offensive language or behaviour during the event **including COVID rules**. Any damages or disruption to hotel, facilities or other property related to this event in the resort will result in the offender(s) being immediately removed from the event.

PRIVATE TRAINING CAMP: The weekend prior to the event, march 18-19th, Freestyle Canada & The Stepuptour OC will open the slopestyle course for a private sanctioned session. This training camp will be open only teams and athletes with an active FC membership or active FIS number. For more information, please contact info@stepuptour.com

Schedule –

Note: The organizing committee reserves the right to change the schedule of events from those stated in the program. A more detailed schedule will be presented at the daily team captains' meetings.



Wednesday, March 22th						
	Start	Finish	Duration	NORAM FINAL FIS DAY 1		Location
BA	-	-	-	ARRIVAL DAY		SALLE Grand Duc
	09:00	18:00	01:30	Registration office		
	09:00	18:00	00:10	Lift ticket & competition venue access card		
	10:40	11:10	00:30	BA&SS course will be close for training		
	17:30	18:00	00:30	Stepuptour 2023 welcome meeting		
Thursday march 23th				NORAM FINAL FIS day 2		Location
	Start	Finish	Duration			
SS-BA	10:00	12:00	02:00	SS Official training		SS/BA XL Park 418
	12:00	13:00	01:00	Course Prep SS		
	13:00	15:00	02:00	SS Official Training		
	15:00	16:00	01:00	BA Official training		
	16:30	17:00	00:30	Athletes & judges Meeting		
	16:00	17:00	01:00	TCM & BA draw starting list		salle Grand Duc
Friday, March 24th				NORAM FINALS FIS Day 3		Location
	Start	Finish	Duration			
BA-SS	09:00	10:00	01:00	SS Official Training		SS/BA XL Park 418
	10:15	10:45	00:30	BA Official training Men's Heat 1 and Women's		
	10:45	12:15	01:30	BA Qualifications Men's heat 1 & Women's (double Up)		
	12:30	13:00	00:30	BA Official training Men's Heat 2 & 3		
	13:00	14:30	01:30	BA Qualifications Men's Heat 2 & 3 (double Up)		
	15:00	16:00	01:00	SS Official Training		
	18:00	19:00	01:00	BA finalist training		Ski lodge
TCM	17:00	18:00	01:00	TCM & SS draw starting list		salle Grand Duc
				schedule subject to change		
Saturday, March 25th				NORAM FINALS FIS Day 4		Location
	Start	Finish	Duration			
SS	08:30	09:15	00:45	Men's heat 1 & Women's Training		SS Course XL Park 418
	09:30	11:00	01:30	Men's heat 1 & Women's SS Qualification (double up)		
	11:00	10:10	00:10	Course Prep		
	11:10	11:55	00:45	Men's heat 2 & 3 SS Training		
	12:00	13:45	01:45	Men's heat 2 & 3 SS Qualification (Double Up)		
	14:00	15:00	01:00	quebec Championship training		
	17:45	18:15	00:30	BA finalist training		
	18:30	19:00	00:30	Men's / Womens BA Final run 1 (8womens/12mens)		
	19:00	19:30	00:30	Men's / Womens BA Final run 2 (8womens/12mens)		
19:30	20:00	00:30	Men's / Womens BA Final run 3 (8womens/12mens)			
				schedule subject to change		
TCM	-	-	-	Team Captains Meeting - Start list FINAL SS		salle Grand Duc
Sunday, March 26th				NORAM FINALS FIS day 5 -		Location
	Start	Finish	Duration			
SS	09:00	09:30	00:30	Quebec championship (20 athletes) training		SS Course XL Park 418
	09:30	11:15	01:45	Quebec Championship 3 Runs		
	11:30	12:00	00:30	SS finalist Training		
	12:10	13:30	01:20	Noram FIS Final Run 1 (8womens/12mens)*TBD		
	13:30	13:40	00:10	Course Prep		
	13:40	15:00	01:20	Noram FIS Final Run 2 (8womens/12mens)*TBD		
	16:00	17:00	01:00	SS/BA & Qc championship - Award ceremony		