

<b>Saturday Feb. 18, 2023</b>				<b>TRAINING</b>	
<u>Start</u>	<u>Finish</u>	<u>Duration</u>	<u>Event</u>	<u>Location</u>	
9:30	- 10:30	1:00	Group 2 Chop	Aerial Hill	
10:45	- 12:45	2:00	Group 2 Train (CAN)	Aerial Hill	
13:00	- 13:30	0:30	Group 1 Chop / Hill Prep	Aerial Hill	
13:30	- 15:30	2:00	Group 1 Train (USA + AUS)	Aerial Hill	
<b>17:30</b>	<b>18:30</b>	<b>1:00</b>	<b>AERIAL DRAW</b>	<b>ONLINE</b>	
<b>Sunday Feb. 19, 2023</b>				<b>COMPETITION #1</b>	
<u>Start</u>	<u>Finish</u>	<u>Duration</u>	<u>Event</u>	<u>Location</u>	
7:45	- 8:00	0:15	Hill Chop/Hill Prep	Aerial Hill	
8:00	- 8:45	0:45	Coach Chop/Athlete Warmup	Aerial Hill	
8:45	- 9:00	0:15	Ladies' Speed Checks	Aerial Hill	
9:00	- 9:55	0:55	Ladies' Aerials Training - Max 4 jumps in run order	Aerial Hill	
9:55	- 10:10	0:15	Course Prep	Aerial Hill	
<b>10:10</b>	<b>- 10:35</b>	<b>0:25</b>	<b>Ladies' Aerial Qualifications (Q1)</b>	<b>Aerial Hill</b>	
<b>10:35</b>	<b>- 11:00</b>	<b>0:25</b>	<b>Ladies' Aerial Qualifications (Q2)</b>	<b>Aerial Hill</b>	
11:00	- 11:10	0:10	Course Prep	Aerial Hill	
<b>11:10</b>	<b>- 11:25</b>	<b>0:15</b>	<b>Ladies' Aerial Finals (F1)(6)</b>	<b>Aerial Hill</b>	
11:25	- 11:35	0:10	Course Prep	Aerial Hill	
11:35	- 11:50	0:15	Men's Aerial Speed Checks	Aerial Hill	
11:50	- 12:50	1:00	Men's Aerial Training - Max 4 jumps in run order	Aerial Hill	
12:50	- 13:05	0:15	Course Prep	Aerial Hill	
<b>13:05</b>	<b>- 13:35</b>	<b>0:30</b>	<b>Men's Aerial Qualifications (Q1)</b>	<b>Aerial Hill</b>	
<b>13:35</b>	<b>- 14:05</b>	<b>0:30</b>	<b>Men's Aerial Qualifications (Q2)</b>	<b>Aerial Hill</b>	
14:05	- 14:15	0:10	Course Prep	Aerial Hill	
<b>14:15</b>	<b>- 14:35</b>	<b>0:20</b>	<b>Men's Aerial Final (F1)(6)</b>	<b>Aerial Hill</b>	
15:00	- 15:15	0:15	Awards	Plaza	
<b>17:30</b>	<b>18:30</b>	<b>1:00</b>	<b>Aerial Draw</b>	<b>ONLINE</b>	
<b>Monday Feb. 20, 2023</b>				<b>COMPETITION #2</b>	
<u>Start</u>	<u>Finish</u>	<u>Duration</u>	<u>Event</u>	<u>Location</u>	
7:45	- 8:00	0:15	Hill Chop/Hill Prep	Aerial Hill	
8:00	- 8:45	0:45	Coach Chop/Athlete Warmup	Aerial Hill	
8:45	- 9:00	0:15	Ladies' Speed Checks	Aerial Hill	
9:00	- 9:45	0:45	Ladies' Aerials Training - Max 4 jumps in run order	Aerial Hill	
9:45	- 10:00	0:15	Course Prep	Aerial Hill	
<b>10:00</b>	<b>- 10:20</b>	<b>0:20</b>	<b>Ladies' Aerial Qualifications (Q1)</b>	<b>Aerial Hill</b>	
<b>10:20</b>	<b>- 10:40</b>	<b>0:20</b>	<b>Ladies' Aerial Qualifications (Q2)</b>	<b>Aerial Hill</b>	
10:40	- 10:50	0:10	Course Prep	Aerial Hill	
<b>10:50</b>	<b>- 11:05</b>	<b>0:15</b>	<b>Ladies' Aerial Finals (F1)(6)</b>	<b>Aerial Hill</b>	
11:05	- 11:15	0:10	Course Prep	Aerial Hill	
11:15	- 11:30	0:15	Men's Aerial Speed Checks	Aerial Hill	
11:30	- 12:30	1:00	Men's Aerial Training - Max 4 jumps in run order	Aerial Hill	
12:30	- 12:45	0:15	Course Prep	Aerial Hill	
<b>12:45</b>	<b>- 13:15</b>	<b>0:30</b>	<b>Men's Aerial Qualifications (Q1)</b>	<b>Aerial Hill</b>	
<b>13:15</b>	<b>- 13:45</b>	<b>0:30</b>	<b>Men's Aerial Qualifications (Q2)</b>	<b>Aerial Hill</b>	
13:45	- 13:55	0:10	Course Prep	Aerial Hill	
<b>13:55</b>	<b>- 14:15</b>	<b>0:20</b>	<b>Men's Aerial Final (F1)(6)</b>	<b>Aerial Hill</b>	
14:15	- 14:30	0:15	Awards	Aerial Hill	