



Contact information

Organiser contact information

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Officials

FIS Technical Delegate	Ivo Greger (CZE) Nikolay Petrov (CAN)
Chief of Competition	Keith Hanson (USA)
Chief of Competition	Larry Stone (USA)
FIS Coordinator	Berni Schodler
FIS Coordinator	Renata Nadarkiewicz

Event schedule

Event schedule (LOC times)

06.10.2022	Event	Location	Races
08:30	Team Captains' Meeting	Intervales Lodge	7 Oct - COC Women's NH 8 Oct - COC Women's NH 9 Oct - COC Women's NH 7 Oct - COC Men's LH 8 Oct - COC Men's LH 9 Oct - COC Men's LH
09:30	Training	HS128	8 Oct - COC Women's NH 9 Oct - COC Women's NH
11:00	Training	HS128	8 Oct - COC Men's LH 9 Oct - COC Men's LH
16:00	Training	HS100	7 Oct - COC Women's NH
18:00	Training	HS100	7 Oct - COC Men's LH
07.10.2022	Event	Location	Races
09:00	Start Trial Round	HS100	7 Oct - COC Women's NH
09:45	Competition start	HS100	7 Oct - COC Women's NH
13:30	Start Trial Round	HS100	7 Oct - COC Men's LH
14:30	Competition start	HS100	7 Oct - COC Men's LH
18:30	Start Trial Round	HS100	7 Oct - COC Women's NH
19:15	Competition start	HS100	7 Oct - COC Women's NH
08.10.2022	Event	Location	Races
14:00	Start Trial Round	HS128	8 Oct - COC Women's NH
14:45	Competition start	HS128	8 Oct - COC Women's NH
17:30	Start Trial Round	HS128	8 Oct - COC Men's LH



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18:30	Competition start	HS128	8 Oct - COC Men's LH
09.10.2022	Event	Location	Races
16:30	Start Trial Round	HS128	9 Oct - COC Men's LH
17:30	Competition start	HS128	9 Oct - COC Men's LH
20:00	Prize Giving Ceremony	Outrun	7 Oct - COC Women's NH 8 Oct - COC Women's NH 9 Oct - COC Women's NH 7 Oct - COC Men's LH 8 Oct - COC Men's LH 9 Oct - COC Men's LH

FIS Lake Placid Continental Cup – Men's / Women's Ski Jumping

October 7-9, 2022

Lake Placid, NY

The Olympic Regional Development Authority cordially invites all member associations of the FIS to participate in the Men's and Women's FIS Lake Placid Continental Cup - Ski Jumping on October 7th, 8th, and 9th, 2022 in Lake Placid, NY. The competitions will be held on the HS 128 and HS 100 in compliance with FIS Continental Cup Rules (women, men) and International Ski Competition Rules (ICR).

Competitions

Women's FIS Ski Jumping Continental Cup Men's FIS Ski Jumping Continental Cup

Organizing Committee

Organizing Committee Chairman: Jeremy Freeman

Vice Chairperson: Laura Ferranti

Venue Manager: Rebecca Dayton

Operations Manager: Nick Zachara

Director of Communications: Darcy Norfolk

Marketing Manager: Brandee Reiley

Competition Committee:

Chief of Competition: Keith Hanson

Assistant Chief of Competition: Larry Stone

Race Administrator: Catherine Leist & Andrew Vigne

Chief of Hill: Ken Barker

FIS Officials

Men's COC SJ FIS Coordinator: Berni Schodler

Women's COC SJ FIS Coordinator: Renata Nadarkiewicz

FIS Ski Jumping Technical Delegate: Ivo Greger

FIS Ski Jumping Technical Delegate Asst: Nikolay Petrov

Judges:

Finland Pirjo Karjalainen

Norway Ole Walseth

USA Steve Sydow



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USA Mark Levasseur

Canada Kelly Johansson

Entries

Please submit entries online at [FIS-SKI.com](https://www.fis-ski.com).

All athletes must complete the below Assumption of Risk form to train on the jumping hills in Lake Placid:

Assumption of Risk Form

Visas

To check if your nation requires a visa for entry to the United States, please visit the Department of State website. Contact cleist@orda.org to request a visa letter from the Organizing Committee.

Transportation

Each nation is responsible for making their own flight and transportation arrangements. The recommended airports are Montréal-Pierre Elliott Trudeau International Airport (YUL) for international arrival, or Albany International Airport (ALB) for domestic arrival.

Teams are encouraged to book a rental car at the appropriate airport for transportation to Lake Placid. The Organizing Committee will provide teams \$250 to assist with the cost of the rental vehicles.

Here is a map detailing the distance between the hotel and both the jumping and cross-country venues: Hotel Saranac – Olympic Jumping Complex – Mt. Van Hoevenberg.

Paid Training

Paid training will cost \$35/athlete/day and will be available from Monday, October 3 – Wednesday, October 5. The fee covers training at both the Olympic Jumping Complex and Mt. Van Hoevenberg. Teams will be invoiced for training on Thursday during Coach Check-in.

Lodging

There is a room block set aside at the Hotel Saranac, 100 Main St., Saranac Lake, NY 12983. Teams will receive an invoice during Coach Check-in (Wednesday 16:00-18:00) that accounts for the portion of lodging costs not covered by the Organizing Committee, per FIS Continental Cup regulations.

COVID-19 Prevention

Participants in the Continental Cup competitions must adhere to the vaccination requirements for travel to the US. Requirements for vaccine status are listed here <https://www.cdc.gov/coronavirus/2019-ncov/travelers/noncitizens-US-air-travel.html>

In addition, please be prepared to follow local COVID guidelines, subject to change. The latest guidelines are for Essex County, NY found on the CDC website.

Wax Cabins and Trailers

The Olympic Jumping Complex will have changing cabins for Men and Women and a shared waxing room for ski preparation.

Coach Check-in and Accreditation

Team leaders should report to the Intervales Lodge, Wednesday between 16:00 and 18:00 or Thursday between 7:30 and 8:30 for check-in, accreditation and payment of invoice. Team check-in must be completed before Official Training begins.

Ice Track Camp

The Olympic Jumping Complex is pleased to offer ice track to plastic training to all COC participants on the HS 100 and HS 128 beginning Tuesday October 11, 2022 and continuing through Saturday, October 15, 2022 at a rate of \$35.00 per day / per athlete.

On Monday, October 10, 2022 while the ice tracks are being prepared the Organizing Committee will provide access to other training facilities in the area as well as a recreational opportunities for the athletes.



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Room and Board will continue to be available at the Hotel Saranac at the FIS required rate of 125 CF per person per night. Subject to availability and team request.

To register for training after the event please contact Catherine Leist cleist@orda.org and complete the form at the end of this invitation.

Schedule

FIS Lake Placid Continental Cup – Men's / Women's Ski Jumping

Tuesday October 4, 2022

9:00-15:00 Paid Training HS 100 / HS 128

Wednesday October 5, 2022

9:00-15:00 Paid Training HS 100 / HS 128

16:00-18:00 Coach Check-in Intervales Lodge

Thursday, October 6, 2022

7:30-8:30 Coach Check-in Intervales Lodge

8:30-9:30 Team Captains' Meeting Intervales Lodge

9:30-11:00 Official Training Women (2 Rounds) HS 128

11:00-12:30 Official Training Men (2 Rounds) HS 128

16:00-17:30 Official Training Women (2 Rounds) HS 100

18:00-20:00 Official Training Men (2 Rounds) HS 100

Friday, October 7, 2022

9:00 Gates Open

Kid's Zone with Games and Inflatables, Vendors, Food

9:00-9:30 Women's Trial Round HS 100

9:45-11:25 First Round Competition Women HS 100

Final Round 20 minutes after end of 1st Round Competition (top 30) HS 100

Flower Ceremony 20 minutes after conclusion of event (top 3) Outrun

13:30-14:15 Men's Trial Round HS 100

14:30-16:40 First Round Competition Men HS 100

Final Round 20 minutes after end of 1st Round Competition (top 30) HS 100

Flower Ceremony 20 minutes after conclusion of event (top 3) Outrun

18:30-19:00 Women's Trial Round HS 100

19:15-20:55 First Round Competition Women HS 100

Final Round 20 minutes after end of 1st Round Competition (top 30) HS 100

Flower Ceremony 20 minutes after conclusion of event (top 3) Outrun



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Saturday, October 8, 2022

12:00 Gates Open

Kid's Zone with Games and Inflatables, Vendors, Food

12:00-13:30 Exhibition Jumping HS 10, 20, 100

14:00-14:30 Women's Trial Round HS 128

14:45-16:25 First Round Competition Women HS 128

Final Round 20 minutes after end of 1st Round Competition (top 30) HS 128

Flower Ceremony 20 minutes after conclusion of event (top 3) Outrun

16:30-17:30 Live Music Festival Zone

17:30-18:15 Men's Trial Round HS 128

18:30-20:40 First Round Competition Men HS 128

Final Round 20 minutes after end of 1st Round Competition (top 30) HS 128

Flower Ceremony 20 minutes after conclusion of event (top 3) Outrun

21:00-22:00 Live Music Festival Zone

Sunday, October 9, 2022

14:00 Gates Open

Kid's Zone with Games and Inflatables, Vendors, Food

14:00-15:30 Exhibition Jumping HS 10, 20, 100

15:30-16:30 Paul Smith's Demonstration Festival Zone

16:30-17:15 Men's Trial Round HS 128

17:30-19:40 First Round Competition Men HS 128

Final Round 20 minutes after end of 1st Round Competition (top 30) HS 128

Flower Ceremony 20 minutes after conclusion of event (top 3) Outrun

20:00-21:30 Live Music/ Awards Festival Zone

Monday, October 10, 2022

Venue Closed – Ice Track Prep – Contact LOC for Alternate Training Opportunities

Tuesday, October 11, 2022

9:00-15:00 Paid Ice Track Training HS 100

Wednesday, October 12, 2022

9:00-15:00 Paid Ice Track Training HS 100 / HS 128

Thursday, October 13, 2022

9:00-15:00 Paid Ice Track Training HS 100 / HS 128

Friday, October 14, 2022

9:00-15:00 Paid Ice Track Training HS 100 / HS 128



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Saturday, October 15, 2022

9:00-15:00 Paid Ice Track Training HS 100 / HS 128