



NATIONS CUP STANDING WOMEN

I. Period

1	Lillehammer (NOR), Women Individual Gundersen NH/5.0km	2 DEC 2022
2	Lillehammer (NOR), Women Individual Gundersen NH/5.0km	3 DEC 2022
3	RamsauamDachstein(AUT),WomenIndividualGundersenNH/5.0km	16 DEC 2022
4	RamsauamDachstein(AUT),WomenIndividualGundersenNH/5.0km	17 DEC 2022

II. Period

5	Otepaa (EST), Mixed Team Gundersen NH/5.0, 2.5, 2.5, 5.0 km	6 JAN 2023
6	Otepaa (EST), Women Mass Start NH/5.0km	7 JAN 2023
7	Otepaa (EST), Women Individual Gundersen NH/5.0km	8 JAN 2023

III. Period

8	Seefeld (AUT), Women Individual Gundersen NH/5.0km	27 JAN 2023
9	Seefeld (AUT), Women Individual Gundersen NH/5.0km	28 JAN 2023
10	Schonach (GER), Women Individual Gundersen NH/5.0km	11 FEB 2023
11	Schonach (GER), Women Individual Gundersen NH/5.0km	12 FEB 2023

IV. Period

12	Oslo (NOR), Women Individual Gundersen NH/5.0km	11 MAR 2023
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RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12
1	NORWAY	NOR	924	172	217	173	162	200							
2	GERMANY	GER	751 -173	164	130	133	149	175							
3	JAPAN	JPN	518 -406	96	114	109	99	100							
4	AUSTRIA	AUT	485 -439	85	90	95	65	150							
5	ITALY	ITA	421 -503	100	69	70	107	75							
6	SLOVENIA	SLO	220 -704	38	43	48	41	50							
7	FINLAND	FIN	198 -726	21	25	14	13	125							
8	FRANCE	FRA	116 -808	26	13	32	45								
9	UNITED STATES of AMERICA	USA	68 -856	11	11	11	10	25							
10	CZECHIA	CZE	28 -896	5	6	11	6								
11	POLAND	POL	23 -901			12	11								



NATIONS CUP STANDING MEN

I. Period

1	Ruka (FIN), Men Individual Gundersen LH/5.0km	25 NOV 2022
2	Ruka (FIN), Men Individual Gundersen LH/10.0km	26 NOV 2022
3	Ruka (FIN), Men Mass Start LH/10.0km	27 NOV 2022
4	Lillehammer (NOR), Men Individual Gundersen NH/10.0km	3 DEC 2022
5	Lillehammer (NOR), Men Individual Gundersen LH/10.0km	4 DEC 2022
6	RamsauamDachstein(AUT), Men Individual Gundersen NH/10.0km	16 DEC 2022
7	RamsauamDachstein(AUT), Men Individual Gundersen NH/10.0km	17 DEC 2022

II. Period

8	Otepaa (EST), Mixed Team Gundersen NH/5.0, 2.5, 2.5, 5.0 km	6 JAN 2023
9	Otepaa (EST), Men Mass Start NH/10.0km	7 JAN 2023
10	Otepaa (EST), Men Individual Gundersen NH/10.0km	8 JAN 2023
11	Klingenthal (GER), Men Individual Gundersen LH/10.0km	14 JAN 2023
12	Klingenthal (GER), Men Individual Gundersen LH/10.0km	15 JAN 2023
13	Chaux-Neuve (FRA), Men Individual Gundersen LH/10.0km	21 JAN 2023
14	Chaux-Neuve (FRA), Men Individual Gundersen LH/10.0km	22 JAN 2023

III. Period

15	Seefeld (AUT), Men Individual Gundersen NH/7.5km	27 JAN 2023
16	Seefeld (AUT), Men Individual Gundersen NH/10.0km	28 JAN 2023
17	Seefeld (AUT), Men Individual Gundersen NH/12.5km	29 JAN 2023
18	Oberstdorf (GER), Men Mass Start LH/10.0km	4 FEB 2023
19	Oberstdorf (GER), Men Individual Gundersen LH/10.0km	5 FEB 2023
20	Schonach (GER), Men Individual Gundersen NH/10.0km	11 FEB 2023
21	Schonach (GER), Men Individual Gundersen NH/10.0km	12 FEB 2023

IV. Period

22	Oslo (NOR), Men Individual Gundersen LH/10.0km	11 MAR 2023
23	Oslo (NOR), Men Individual Gundersen LH/10.0km	12 MAR 2023
24	Lahti (FIN), Men Team Sprint LH/2x7.5km	25 MAR 2023
25	Lahti (FIN), Men Individual Gundersen LH/10.0km	26 MAR 2023

RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
1	NORWAY	NOR	1626	107	211	176	284	239	244	165	200																	
2	GERMANY	GER	1507 -119	240	182	140	182	196	167	225	175																	
3	AUSTRIA	AUT	1049 -577	123	114	146	86	135	119	176	150																	
4	JAPAN	JPN	554 -1072	108	92	78	66	31	37	42	100																	
5	FRANCE	FRA	452 -1174	72	88	97	56	79	28	32																		
6	FINLAND	FIN	349 -1277	22	30	36	14	12	64	46	125																	
7	ITALY	ITA	156 -1470			11	4	9	41	16	75																	
8	ESTONIA	EST	133 -1493	40	1	20	26	16	14	16																		



NATIONS CUP STANDING MEN

RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
9	SLOVENIA	SLO	61 -1565	3		7		1			50																	
10	UNITED STATES of AMERICA	USA	29 -1597						4		25																	
11	CZECHIA	CZE	12 -1614	3		9																						

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