



**NATIONS CUP STANDING MEN**

**I. Period**

1	Ruka (FIN), Men Individual Gundersen LH/5.0km	25 NOV 2022
2	Ruka (FIN), Men Individual Gundersen LH/10.0km	26 NOV 2022
3	Ruka (FIN), Men Mass Start LH/10.0km	27 NOV 2022
4	Lillehammer (NOR), Men Individual Gundersen NH/10.0km	3 DEC 2022
5	Lillehammer (NOR), Men Individual Gundersen LH/10.0km	4 DEC 2022
6	Ramsau (AUT), Men Individual Gundersen NH/10.0km	16 DEC 2022
7	Ramsau (AUT), Men Individual Gundersen NH/10.0km	17 DEC 2022

**II. Period**

8	Otepaa (EST), Mixed Team Gundersen NH/5.0, 2.5, 2.5, 5.0 km	6 JAN 2023
9	Otepaa (EST), Men Mass Start NH/10.0km	7 JAN 2023
10	Otepaa (EST), Men Individual Gundersen NH/10.0km	8 JAN 2023
11	Klingenthal (GER), Men Individual Gundersen LH/10.0km	14 JAN 2023
12	Klingenthal (GER), Men Individual Gundersen LH/10.0km	15 JAN 2023
13	Chaux-Neuve (FRA), Men Individual Gundersen LH/10.0km	21 JAN 2023
14	Chaux-Neuve (FRA), Men Individual Gundersen LH/10.0km	22 JAN 2023

**III. Period**

15	Seefeld (AUT), Men Individual Gundersen NH/7.5km	27 JAN 2023
16	Seefeld (AUT), Men Individual Gundersen NH/10.0km	28 JAN 2023
17	Seefeld (AUT), Men Individual Gundersen NH/12.5km	29 JAN 2023
18	Oberstdorf (GER), Men Mass Start LH/10.0km	4 FEB 2023
19	Oberstdorf (GER), Men Individual Gundersen LH/10.0km	5 FEB 2023
20	Schonach (GER), Men Individual Gundersen NH/10.0km	11 FEB 2023
21	Schonach (GER), Men Individual Gundersen NH/10.0km	12 FEB 2023

**IV. Period**

22	Oslo (NOR), Men Individual Gundersen LH/10.0km	11 MAR 2023
23	Oslo (NOR), Men Individual Gundersen LH/10.0km	12 MAR 2023
24	Lahti (FIN), Men Team Sprint LH/2x7.5km	25 MAR 2023
25	Lahti (FIN), Men Individual Gundersen LH/10.0km	26 MAR 2023

RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
1	GERMANY	GER	562	240	182	140																						
2	NORWAY	NOR	494 -68	107	211	176																						
3	AUSTRIA	AUT	383 -179	123	114	146																						
4	JAPAN	JPN	278 -284	108	92	78																						
5	FRANCE	FRA	257 -305	72	88	97																						
6	FINLAND	FIN	88 -474	22	30	36																						
7	ESTONIA	EST	61 -501	40	1	20																						
8	CZECH REPUBLIC	CZE	12 -550	3		9																						





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RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
9	ITALY	ITA	11 -551			11																						
10	SLOVENIA	SLO	10 -552	3		7																						

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