



**REVISED**  
3 DEC 17:08

## NATIONS CUP STANDING MEN

### I. Period

1	Ruka (FIN), Men Individual Gundersen LH/5.0km	25 NOV 2022
2	Ruka (FIN), Men Individual Gundersen LH/10.0km	26 NOV 2022
3	Ruka (FIN), Men Mass Start LH/10.0km	27 NOV 2022
4	Lillehammer (NOR), Men Individual Gundersen NH/10.0km	3 DEC 2022
5	Lillehammer (NOR), Men Individual Gundersen LH/10.0km	4 DEC 2022
6	Ramsau (AUT), Men Individual Gundersen NH/10.0km	16 DEC 2022
7	Ramsau (AUT), Men Individual Gundersen NH/10.0km	17 DEC 2022

### II. Period

8	Otepaa (EST), Mixed Team Gundersen NH/5.0, 2.5, 2.5, 5.0 km	6 JAN 2023
9	Otepaa (EST), Men Mass Start NH/10.0km	7 JAN 2023
10	Otepaa (EST), Men Individual Gundersen NH/10.0km	8 JAN 2023
11	Klingenthal (GER), Men Individual Gundersen LH/10.0km	14 JAN 2023
12	Klingenthal (GER), Men Individual Gundersen LH/10.0km	15 JAN 2023
13	Chaux-Neuve (FRA), Men Individual Gundersen LH/10.0km	21 JAN 2023
14	Chaux-Neuve (FRA), Men Individual Gundersen LH/10.0km	22 JAN 2023

### III. Period

15	Seefeld (AUT), Men Individual Gundersen NH/7.5km	27 JAN 2023
16	Seefeld (AUT), Men Individual Gundersen NH/10.0km	28 JAN 2023
17	Seefeld (AUT), Men Individual Gundersen NH/12.5km	29 JAN 2023
18	Oberstdorf (GER), Men Mass Start LH/10.0km	4 FEB 2023
19	Oberstdorf (GER), Men Individual Gundersen LH/10.0km	5 FEB 2023
20	Schonach (GER), Men Individual Gundersen NH/10.0km	11 FEB 2023
21	Schonach (GER), Men Individual Gundersen NH/10.0km	12 FEB 2023

### IV. Period

22	Oslo (NOR), Men Individual Gundersen LH/10.0km	11 MAR 2023
23	Oslo (NOR), Men Individual Gundersen LH/10.0km	12 MAR 2023
24	Lahti (FIN), Men Team Sprint LH/2x7.5km	25 MAR 2023
25	Lahti (FIN), Men Individual Gundersen LH/10.0km	26 MAR 2023

RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
1	NORWAY	NOR	778	107	211	176	284																					
2	GERMANY	GER	744 -34	240	182	140	182																					
3	AUSTRIA	AUT	469 -309	123	114	146	86																					
4	JAPAN	JPN	344 -434	108	92	78	66																					
5	FRANCE	FRA	313 -465	72	88	97	56																					
6	FINLAND	FIN	102 -676	22	30	36	14																					
7	ESTONIA	EST	87 -691	40	1	20	26																					
8	ITALY	ITA	15 -763			11	4																					

FIS Title Sponsor





**REVISED**  
3 DEC 17:08

**NATIONS CUP STANDING MEN**

RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
9	CZECH REPUBLIC	CZE	12 -766	3		9																						
10	SLOVENIA	SLO	10 -768	3		7																						

**Note**  
Updated NCUP Points

FIS Title Sponsor

