

FIS Cross-Country World Cup

Ruka (FIN) 24.11.2023 - 26.11.2023



Contact information

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Event schedule

Event schedule (LOC times)					
23.11.2023	Event	Location	Races		
10:30	Training	Ruka Ski Stadium, Hiihtostadionintie 3, Fl- 93830 Rukatunturi			
18:00	Team Captains' Meeting	Scandic hotel Rukahovi, Congress center	24 Nov - SPWQ Women's SP 24 Nov - SPWQ Men's SP 24 Nov - WC Women's SP 24 Nov - WC Men's SP		
24.11.2023	Event	Location	Races		



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08:00	Training	Ruka Ski Stadium, Hiihtostadionintie 3, Fl- 93830 Rukatunturi	
11:00	Competition start		24 Nov - SPWQ Women's SP 24 Nov - SPWQ Men's SP
13:30	Competition start		24 Nov - WC Women's SP 24 Nov - WC Men's SP
18:00	Team Captains' Meeting	Scandic hotel Rukahovi, Congress center	25 Nov - WC Women's 10k 25 Nov - WC Men's 10k
25.11.2023	Event	Location	Races
08:00	Training	Ruka Ski Stadium, Hiihtostadionintie 3, Fl- 93830 Rukatunturi	
11:00	Competition start		25 Nov - WC Women's 10k
13:15	Competition start		25 Nov - WC Men's 10k
18:00	Team Captains' Meeting	Scandic hotel Rukahovi, Congress center	26 Nov - WC Women's 30k 26 Nov - WC Men's 30k
26.11.2023	Event	Location	Races
08:00	Training	Ruka Ski Stadium, Hiihtostadionintie 3, Fl- 93830 Rukatunturi	
11:00	Competition start		26 Nov - WC Women's 30k
13:35	Competition start		26 Nov - WC Men's 30k

Logistical information

Our main airport is Kuusamo (28 km from Ruka).

Other airports we will use are Oulu (260 km) and Rovaniemi (195 km). See more of bus transportation in section "Transportation".

Accommodation

Teams and SRS companies must use the FIS online booking system by requesting the number of rooms/apartments with full-board. The OC will pay accommodation costs according to the FIS rules reimbursement lists and prices. For additional persons, the teams must pay directly to OC.

Accommodation in 3 star hotel rooms or apartments.

Opening times Accommodation Office:

Wednesday, 22nd to Saturday, 25th November from 10.00h to 18.00h

Accreditation

Requests for additional accreditation must be sent via the FIS Online System or to kirsi.hanninen@rukanordic.com

All accreditation cards can be picked up at: Accreditation Office in Hotel Scandic Rukahovi, Congress centre.

Opening times Accreditation office:

Monday, 20th November from 12.00h to 19.00h

Tuesday, 21st to Thursday, 23rd November from 09.00h to 19.00h

Friday, 24th November from 08.00h to 18.00h



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Saturday, 25th November from 08.00h to 17.00h

Sunday, 26th November from 08.00h to 10.00h

Transport

The transportation office will arrange transportation between the official airports (Kuusamo, Oulu and Rovaniemi) and the hotels in Ruka. No shuttle service between hotels and venues (walking distance).

One transport per team (from the official airport to the venue and one from the venue to the airport) free of charge.

Requests for transportation (exact arrival times, flight numbers and number of arriving people) must be sent via the FIS Online Entry System or directly to the Transportation office at transportation@rukanordic.com.

Transportation office, opening times

Mon 20.11 - Wed 22.11.2022: 10.00 - 16.00

Thu 23.11 - Sun 26.11.2022: 9.00 - 19.00

We have a common price list for transportations this year in Ruka Nordic.

Requests for transportation (exact arrival times, flight numbers and number of arriving people)

directly to the Transportation office at transportation@rukanordic.com

We would like to get orders for transportation no later than 3 weeks before the event.

	Car	Minivan	Minibus	Bus			
Kuusamo							
Airport-Ruka or							
Ruka-Kuusamo							
Airport	77 €	132 €	297 €	374 €			
Oulu Airport-							
Ruka or Ruka-							
Oulu Airport	330 €	550 €	858 €	1045 €			
Rovaniemi Airport-Ruka							
or Ruka-Rovaniemi							
Airport	308€	506 €	792 €	979 €			

AirportTeams departing from Oulu or Rovaniemi airport must prepare to leave from Ruka approximately 4 hours before flight time.

The minimum charge for waiting longer than 30 minutes is 50€/hour, which is paid by the customer.

Used vehicles:

1-4p: Car, 5-8p: Minivan, 9-16p: Minibus, 17-50p: Bus



Reimbursement

Prize money

Income tax for European and non-European citizens is 15%.

Income tax for US citizens is 0%.

If requested, the OC will provide the athletes with a receipt of taxes paid accompanying the prize money.

Prize money payment (Word Cup Rules Art. 8) OC will use a protected FIS database for prize money payment information. Please make sure that all your athletes' information is uploaded to the system before the race weekend (including Tax codes).

Finnish law does not allow any prize money transfer without indicating the TINs (Tax identification number). You can find an instruction where to find your personal TIN here:

https://www.oecd.org/tax/automatic-exchange/crs-implementation-and-assistance/tax-identification-numbers/

The financial office is in the Congress Centre, Hotel Scandic Rukahovi.

Financial Office, opening times:

Thu 23.11: 10-18

Fri 24.11: 10-19

Sat 25.11:10-18

Sun 26.11: 10-14

Waxing facilities

Wax cabins:

Available from 20/11/2023 at 12:00

Waxing trucks: teams arriving with trucks must inform the OC until 13/10/2022 with exact measurements of the truck and details of the needs.

The keys to the waxing cabins are available at the CC info. Keys return to CC info on the day of departure.

Payment for additional wax cabins (over Quota) must be made when picking up the keys to CC info.

Fee for lost key 100€ and cleaning fee 150€.

Parking cards can be picked up at the CC info together with the keys.

Starting Bibs:

Distribution of Starting Bibs from the CC info before the races.

Medical Service & Health protection plan

Nearest hospital: Kuusamo City Hospital,

Address: Raistakantie 1, FIN-93600 Kuusamo, +358 40 860 8611

X-ray, on call during the event



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A doctor is on duty in the ski stadium area during the event.

Testing protocol by LOC or host country

At the moment, Finland does not have any restriction on entry to the country.

Regulations of radio equipment/Radio Frequencies

The Finnish Transport and Communications Agency (Traficom) regulates the use of radio frequencies in Finland. Based on submitted applications Traficom issues radio licences for users of radio transmitters to ensure trouble-free utilisation of the radio spectrum.

Applications can be submitted by filling in the form found with the link below no later than 31 October 2023.

https://www.traficom.fi/en/contact-form-event-organizers

Some radio transmitters can be used on licence-exempt basis depending on their operating frequency and application. Please refer to Traficom Regulation 15 -

https://www.traficom.fi/en/regulations/regulation-15-collective-frequencies-licence-exempt-radio-transmitters-and-their-use

The applicable frequency bands for wireless cameras, video links and microphones have been collected to page:

https://www.traficom.fi/en/communications/communications-networks/wireless-cameras-video-links-and-microphones

Regulations of Visa

- Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for Finland.
- For an official letter of invitation, please send a request to kev@rukanordic.com.

Special permissions for truck driving (Sunday and night, other days with special regulations)

There is no need for a special permission for truck driving on Finnish roads. No special rules and regulations, except for the normal Finnish weather and snow conditions and the need of snow tires.

Maps

More information on our website.