

| AE | | 2024 FIS Freestyle Ski World Cup RUKA (FIN) | | | | FS | | |
|--|--------------|--|-----------------|-------------------------------------|---|--------------------------------------|-------------------------|--|
| fis 8120/8121 | | | | | | as of 07/11/23 - RINI | | |
| Thursday, 30 November 2023 | | | | | | | | |
| | | | | Arrival | | | | |
| | Start | Finish | Duration | Event | | Location | | |
| AE | 12:00 | - | 20:00 | 08:00 | Arrival + Aerial Team Jump Shaping | | | |
| | 20:00 | - | 21:00 | 01:00 | Team Captains Meeting / Medical Briefing | | Online | |
| Friday, 1 December 2023 | | | | | | | | |
| | | | | PRACTICE | | | | |
| | Start | Finish | Duration | Event | | Location | | |
| AE | 13:00 | - | 13:15 | 00:15 | Aerial Inspection and Speed Checks | | | |
| | 13:15 | - | 13:20 | 00:05 | Course Preparation | | | |
| | 13:20 | - | 15:20 | 02:00 | Aerial Practice Session Group 1 | | SUI, AUS, CAN, UKR, GER | |
| | 15:20 | - | 15:35 | 00:15 | Aerial Inspection and Speed Checks | | | |
| | 15:35 | - | 15:40 | 00:05 | Course Preparation | | | |
| | 15:40 | - | 17:40 | 02:00 | Aerial Practice Session Group 2 | | USA, KAZ, CZE, CHN, JPN | |
| Saturday, 2 December 2023 | | | | | | | | |
| | | | | PRACTICE | | | | |
| | Start | Finish | Duration | Event | | Location | | |
| AE | 08:00 | - | 08:15 | 00:15 | Aerial Inspection and Speed Checks | | | |
| | 08:15 | - | 08:20 | 00:05 | Course Preparation | | | |
| | 08:20 | - | 10:20 | 02:00 | Aerial Practice Session Group 2 | | USA, KAZ, CZE, CHN, JPN | |
| | 10:20 | - | 10:35 | 00:15 | Aerial Inspection and Speed Checks | | | |
| | 10:35 | - | 10:40 | 00:05 | Course Preparation | | | |
| | 10:40 | - | 12:40 | 02:00 | Aerial Practice Session Group 1 | | SUI, AUS, CAN, UKR, GER | |
| TMC | 20:00 | - | 21:00 | 01:00 | Aerial Draw | | Online | |
| Sunday, 3 December 2023 | | | | | | | | |
| | | | | AERIAL COMPETITION | | | | |
| | Start | Finish | Duration | Event | | Location | | |
| AE | 09:45 | - | 09:55 | 00:10 | Women's Inspection and Speed Checks | | | |
| | 09:55 | - | 11:10 | 01:15 | Women's Aerial Warm Up | | | |
| | 11:10 | - | 11:20 | 00:10 | Course Preparation and Forerunners | | | |
| | 11:20 | - | 12:05 | 00:45 | Women's Qualifications (Q1)(30) | | | |
| | Qual. | 12:05 | - | 12:10 | 00:05 | Course Preparation | | |
| | | 12:10 | - | 12:20 | 00:10 | Men's Inspection and Speed Checks | | |
| | | 12:20 | - | 13:50 | 01:30 | Men's Aerial Warm Up | | |
| | | 13:50 | - | 14:00 | 00:10 | Course Preparation and Forerunners | | |
| | | 14:00 | - | 15:00 | 01:00 | Men's Qualifications (Q1)(40) | | |
| BRK | 15:00 | - | 15:15 | 00:15 | Break | | | |
| AE | 15:15 | - | 15:25 | 00:10 | Ladies and Men's Aerial Finalist Speed Checks | | | |
| | 15:25 | - | 16:20 | 00:55 | Women's and Men's Aerial Finalist Warm Up | | | |
| | 16:20 | - | 16:30 | 00:10 | Course Preparation | | | |
| | 16:30 | - | 16:51 | 00:21 | Women's Aerial Finals (F1) (12) | | | |
| | Final | 16:51 | - | 17:12 | 00:21 | Men's Aerial Finals (F1) (12) | | |
| | | 17:12 | - | 17:14 | 00:02 | Break | | |
| | 17:14 | - | 17:24 | 00:10 | Women's Aerial Finals (F2) (6) | | | |
| | 17:24 | - | 17:26 | 00:02 | Women Winners Celebration + Flash Interview | | | |
| | 17:26 | - | 17:36 | 00:10 | Men's Aerial Finals (F2) (6) | | | |
| | 17:36 | - | 17:38 | 00:02 | Men Winners Celebration + Flash Interview | | | |
| | 17:38 | - | 17:40 | 00:02 | Finish Area Awards Preparation | | | |
| | 17:40 | - | 17:44 | 00:04 | Women's Aerial Awards | | | |
| | 17:44 | - | 17:48 | 00:04 | Men's Aerial Awards | | | |
| 17:48 | - | 17:50 | 00:02 | Women's and Men's Yellow Bib | | | | |
| 17:50 | - | 18:00 | 00:10 | Media Interviews | | | | |
| Departure Monday, 4 December 2023 | | | | | | | | |