

Contact information

Organiser contact information	
Phone	General: +358408419915 , Mobile: +358408419915
E-mail	General: kev@rukanordic.com , Entries: jukka.tahkola@rukanordic.com , Accommodation: nordic@ruka.fi
Address	Vanttajantie 6 b, 93600 Kuusamo
Website	https://rukanordic.com
Social media	https://rukanordic.com/en/Lass

Officials	
FIS Race Director	Lasse Ottesen (NOR) +47 920 80 410 ottesen@fis-ski.com
Chief of Competition	Jyri Pelkonen (FIN) +358408445882 jyri.pelkonen@vuokattisport.fi
Sport	Jukka Tahkola (FIN) +358408419915 jukka.tahkola@rukanordic.com
General Secretary	Jarkko Ruhanen (FIN) +358401485530 jarkko.ruhanen@rukanordic.com
Transportation	Anselmi Pitkänen (FIN) +358401485557 tarnsportation@rukanordic.com
Accommodation	Mari Kämäräinen (FIN) +358103825039 nordic@ruka.fi

Event schedule

Event schedule (LOC times)			
23.11.2023	Event	Location	Races
10:00	Team Captains' Meeting	Scandic hotel Rukahovi, Congress center	23 Nov - PR Men's ICL 24 Nov - WC Men's ICL 25 Nov - WC Men's GUL 26 Nov - WC Men's MSL
13:30	Official Training CC	Ruka Ski stadium CC course, Hiihtostadionintie 3, FI-93830 Rukantunturi	
16:30	Official Training JP	Ruka ski stadium HS 142, Hiihtostadionintie 3, FI-93830 Rukatunturi	
18:30	Start PCR	Ruka ski stadium HS 142, Hiihtostadionintie 3, FI-93830 Rukatunturi	23 Nov - PR Men's ICL
24.11.2023	Event	Location	Races
08:00	Training	Ruka Ski stadium CC course, Hiihtostadionintie 3, FI-93830 Rukantunturi	



10:45	Start Trial Round	Ruka ski stadium HS 142, Hiihtostadionintie 3, FI-93830 Rukantunturi	
12:00	Competition start	Ruka ski stadium HS 142, Hiihtostadionintie 3, FI-93830 Rukantunturi	24 Nov - WC Men's ICL
16:00	Start for CC	Ruka Ski stadium CC course, Hiihtostadionintie 3, FI-93830 Rukantunturi	
25.11.2023	Event	Location	Races
09:00	Start Trial Round	Ruka ski stadium HS 142, Hiihtostadionintie 3, FI-93830 Rukantunturi	
10:00	Competition start	Ruka ski stadium HS 142, Hiihtostadionintie 3, FI-93830 Rukantunturi	25 Nov - WC Men's GUL
15:15	Start for CC	Ruka Ski stadium CC course, Hiihtostadionintie 3, FI-93830 Rukantunturi	
26.11.2023	Event	Location	Races
08:00	Training	Ruka Ski stadium CC course, Hiihtostadionintie 3, FI-93830 Rukantunturi	
10:00	Competition start	Ruka Ski stadium CC course, Hiihtostadionintie 3, FI-93830 Rukantunturi	26 Nov - WC Men's MSL
13:30	Start Trial Round	Ruka ski stadium HS 142, Hiihtostadionintie 3, FI-93830 Rukantunturi	
14:35	Start for JP	Ruka ski stadium HS 142, Hiihtostadionintie 3, FI-93830 Rukantunturi	

Logistical information

Our main airport is Kuusamo (28 km from Ruka). Other airports we will use are Oulu (260 km) and Rovaniemi (195 km). See more of bus transportation down in -Transportation-

Accommodation

Teams and SRS companies must use the FIS online booking system by requesting the number of rooms/apartments with full-board. The OC will pay accommodation costs according to the FIS rules reimbursement lists and prices. For additional persons, the teams must pay directly to OC. Accommodation in 3 star hotel rooms or apartments.

Accommodation Office, opening times:

Wed 22.11 - Sat 25.11: 10-18

Accreditation

Requests for additional accreditation must be sent via the FIS Online System or to kirsi.hanninen@rukanordic.com. All accreditation cards can be picked up at: Accreditation Office in Hotel Scandic Rukahovi, Congress centre.

Accreditation office, opening times:

Mon 20.11: 12-19

Tue 21.11 - Thu 23.11: 9-19

Fri 24.11: 8-18

Sat 25.11: 8-17

Sun 26.11 8-10

Transport

The transportation office will arrange transportation between the official airports (Kuusamo, Oulu and Rovaniemi) and the hotels in Ruka.

No shuttle service between hotels and venues (walking distance). One transport per team (from the official airport to the venue and one from the venue to the airport) free of charge. Requests for transportation (exact arrival times, flight numbers and number of arriving people) must be sent via the FIS Online Entry System or directly to the Transportation office at transportation@rukanordic.com.

Transportation office, opening times

Mon 20.11 - Wed 22.11.2022: 10.00 - 16.00

Thu 23.11 - Sun 26.11.2022: 9.00 - 19.00

We have a common price list for transportations this year in Ruka Nordic. Requests for transportation (exact arrival times, flight numbers and number of arriving people) directly to the Transportation office at transportation@rukanordic.com

We would like to get orders for transportation no later than 3 weeks before the event.

	Car	Minivan	Minibus	Bus
Kuusamo				
Airport-Ruka or				
Ruka-Kuusamo Airport	77 €	132 €	297 €	374 €
Oulu Airport-				
Ruka or Ruka-				
Oulu Airport	330 €	550 €	858 €	1045 €
Rovaniemi Airport-Ruka				
or Ruka-Rovaniemi				
Airport	308 €	506 €	792 €	979 €

AirportTeams departing from Oulu or Rovaniemi airport must prepare to leave from Ruka approximately 4 hours before flight time.

The minimum charge for waiting longer than 30 minutes is 50€/hour, which is paid by the customer.

Used vehicles:

1-4p: Car, 5-8p: Minivan, 9-16p: Minibus, 17-50p: Bus

Reimbursement

Prize money

Income tax for European and non-European citizens is 15%. Income tax for US citizens is 0%.

If requested, the OC will provide the athletes with a receipt of taxes paid accompanying the prize money.

Prize money payment (Word Cup Rules Art. 8) OC will use a protected FIS database for prize money payment information. Please make sure that all your athletes' information is uploaded to the system before the race weekend (including Tax codes).

Finnish law does not allow any prize money transfer without indicating the TINs (Tax identification number). You can find an instruction where to find your personal TIN here: <https://www.oecd.org/tax/automatic-exchange/crs-implementation-and-assistance/tax-identification-numbers/>

The financial office is in the Congress Centre, Hotel Scandic Rukahovi.

Financial Office, opening times:

Thu 23.11: 10-18

Fri 24.11: 10-19

Sat 25.11: 10-18

Sun 26.11: 10-14

Waxing facilities

Available from 20/11/2022 at 12:00

The keys to the waxing cabins are available at the SJ info (20-21.11 call Jukka Tahkola +358048419915). Keys return to SJ info on the day of departure.

Waxing trucks: teams arriving with trucks must inform the OC until 13/10/2023 with exact measurements of the truck and details of the needs.

Fee for lost key 100€ and cleaning fee 150€.

Parking cards can be picked up at the SJ info together with the keys.

Starting Bibs:

Distribution of Starting Bibs from the SJ info before the races.

Medical Service & Health protection plan

Nearest hospital: Kuusamo City Hospital,

Address: Raistakantie 1, FIN-93600 Kuusamo, +358 40 860 8611

X-ray, on call during the event

A doctor is on duty in the ski stadium area during the event.

Testing protocol by LOC or host country



At the moment, Finland does not have any restriction on entry to the country.

Regulations of radio equipment/Radio Frequencies

The Finnish Transport and Communications Agency (Traficom) regulates the use of radio frequencies in Finland. Based on submitted applications Traficom issues radio licences for users of radio transmitters to ensure trouble-free utilisation of the radio spectrum.

Applications can be submitted by filling in the form found with the link below no later than 31 October 2023.

<https://www.traficom.fi/en/contact-form-event-organizers>

Some radio transmitters can be used on licence-exempt basis depending on their operating frequency and application. Please refer to

Traficom Regulation 15 -<https://www.traficom.fi/en/regulations/regulation-15-collective-frequencies-licence-exempt-radio-transmitters-and-their-use>. The applicable frequency bands for wireless cameras, video links and microphones have been collected to page:

<https://www.traficom.fi/en/communications/communications-networks/wireless-cameras-video-links-and-microphone>.

Regulations of Visa

Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for Finland.

For an official letter of invitation, please send a request to kev@rukanordic.com.

Special permissions for truck driving (Sunday and night, other days with special regulations)

There is no need for a special permission for truck driving on Finnish roads. No special rules and regulations, except for the normal Finnish weather and snow conditions and the need of snow tires.

Maps

More information on our website.