

TEAM INVITATION

MARCH 3-17, 2024



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WELCOME FROM THE MAYOR OF PRINCE GEORGE

On behalf of City Council, it is my great pleasure to welcome you to the 2024 Para Biathlon World Championships and 2024 Para Nordic World Cup Finals and acknowledge that we are gathering for this event on the traditional territory of the Lheidli Tenneh.

The Local Organizing Committee has developed this Team Invitation to assist you in planning your time in Prince George, and includes important information about the event, venues, transportation, accommodation, and our city.

Prince George is honoured to welcome all the participants, families, and spectators; I hope that you have an opportunity to explore all that our city has to offer as this is a vibrant community full of welcoming people and businesses.

I wish you all the best of luck in your competitions and hope you enjoy your time in Prince George!

Mayor Simon Yu
City of Prince George



WELCOME FROM THE CHAIR OF THE LOCAL ORGANIZING COMMITTEE

Only 5 years after hosting the 2019 World Para Nordic Skiing Championship, (the first ever World Championships hosted in our city), we are so honoured and excited to be hosting not just one, but two world events in 2024; the 2024 Para Biathlon World Championships and the 2024 Para Nordic World Cup Finals.

In "bringing these two worlds together", these are the most prestigious events in Para Biathlon and Para Nordic Skiing outside of the Winter Paralympics. This will also be the first ever Para Biathlon World Championship in history, and we're delighted that the International Ski Federation (FIS) in collaboration with the International Biathlon Union (IBU), chose the Caledonia Nordic Ski Club and the City of Prince George (and Canada), to host this inaugural Para Biathlon World Championships.

These Para Biathlon World Championships, accompanied with the Para Nordic World Cup Finals are the biggest events other than the Paralympics, and are hosted halfway between the previous Paralympic (Beijing 2022) and the next Paralympic Winter Games (Milan/Cortina 2026). As such, we are so honoured to have recent Paralympians as well as future Paralympians that will awe and inspire. These are more than elite athletes—they exemplify the absolute pinnacle of human perseverance through incredible athletic achievement.

We love the fact that we're bringing Prince George to the world stage on again, and hosting the best Para Biathletes and Para Nordic skiers in the world. We know Prince George and our amazing people can deliver an incredible experience. We have worked extremely hard to make the Caledonia Nordic Ski Club a world-class facility, and we look forward to sharing this opportunity with you and your incredible teams.

Warmest regards,

Kevin Pettersen

Chairperson, 2024 Para Biathlon World Championship and 2024 Para Nordic World Cup Finals



ORGANIZATION AND CONTACT

2.1 LOCAL ORGANIZING COMMITTEE (LOC)

The LOC of the Prince George 2024 Para Biathlon World Championships and the 2024 Para Nordic World Cup Finals is a committee of the Caledonia Nordic Ski Club located in Prince George, BC

Caledonia Nordic Ski Club
Box 1243, Prince George, BC V2L 4V3
+1 250 564 3809
General Manger: John Bowes
gm@caledonianordic.com
caledonianordic.com

LOC Chairperson
Kevin Pettersen
competitions@caledonianordic.com

Main Contacts for Teams

Competitions related inquires Chief of Competitions John Aalberg

kjaalberg@aol.com

Competition Secretary
Patrick Abra
raceoffice@caledonianordic.com

Non-competitions related inquires (accommodation, transportation, etc.) Event Manager Heidi Martel Heidi_settings@msn.com

2.2 FIS AND PARA BIATHLON / PARA NORDIC SKIING

FIS is situated in Oberhofen, Switzerland Marc Hodler House, Blochstrasse 2 3653 Oberhofen / Thunersee, Switzerland 41 (0)33 244 6161 President: Johan Eliasch

Secretary General: Michel Vion

FIS Para Snow Sports Director/
Director for Development Programmes
Dimitrije Lazarovski
lazarovski@fis-ski.com

FIS Para Nordic Race Director Georg Zipfel (GER) zipfel@fis-ski.com

FIS Para Nordic Coordinator Elke Gundermann gundermann@fis-ski.com

LOGISTICS

3.1 TRAVEL TO AND FROM PRINCE GEORGE

Travelling to Prince George is easily accessible via Prince George International Airport (YXS) which is just 15 minutes away from the downtown area (hotels). There are many direct flights from international destinations to Vancouver International Airport (YVR) and plenty of daily connections from Vancouver to Prince George Airport provided primarily by Air Canada (Star Alliance) and WestJet. The Prince George Airport (YXS) and the airlines have been notified regarding the world championships and will be working together to ensure that our needs are accommodated as best possible.

The LOC has arranged discount codes for the airlines that service Prince George Airport (YXS). Teams are encouraged to use these codes as it will help airlines to plan for passenger and baggage volume.

Air Canada (Star Alliance)

aircanada.com

Discount Code: KWAJYAT1

Applicable Rules

- The booking is to be made to the following city: Prince George, YXS (CA)
- The travel period begins Tuesday, February 27, 2024 and ends Monday, March 25, 2024.
- Travel is valid Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday.
- For North America 5% applies on standard fares, 10% on flex fares and higher. For international travel 10% on standard fares and higher.

Ground transportation from the airport to the hotels and the venue will be provided to athletes, coaches and support staff. Team Leaders are required to complete the Transportation Form prior to January 15, 2024 (transportation forms will be provided by the LOC event manager).

3.1.1 PASSPORT AND VISAS

All visitors of Canada need a valid passport. A Visa is necessary for some countries.

Everyone who requires a Visa must have this before boarding the plane or crossing the border into Canada.

All visitors to Canada will also be required to have an approved Electronic Transportation Approval (eTA) before they can be issued a boarding pass at their point of departure. This must be obtained at least 72 hours prior to departure.

eTA application

If a Visa is required, teams are responsible to arrange Visas in a timely manner for all accredited team members. Upon request, the LOC Chairperson can provide letters in support of the team attending the 2024 Para Biathlon World Championships and the 2024 Para Nordic World Cup Finals. For these letters, details for each team member that is attending need to be provided (full name, date of birth, passport number, passport expiry date, position (athlete, guide, coach, technician, doctor, etc.).



3.1.2 RECOMMENDED VACCINES

Currently, there are no proof of vaccination requirements for Canada (for COVID-19), but it is recommended that all participants are up to date on their COVID-19 vaccinations.

3.2 ACCOMMODATION, FOOD AND VENUE TRANSPORTATION PACKAGE

Through the duration of the 2024 Para Biathlon World Championships and the 2024 Para Nordic World Cup Finals (March 4 to 17, 2024), all athletes, coaches, and team members will stay at the event hotels located in close proximity to the Prince George Conference and Civic Centre/Canada Games Plaza (i.e. evening ceremonies, TC meetings, etc.) and downtown (i.e. shopping, restaurants, etc.).

Accommodation package

The fee for the accommodation, food and ground transportation between hotel and venues is:

135 CHF/person/day based on **double** occupancy **185 CHF/person/day** based on **single** occupancy

A 75% deposit of these fees is required by November 30, 2023 by wire transfer.

The LOC Event Manager will contact teams prior and invoices will be provided with wire transfer details.

The LOC has worked very hard with our hospitality partners to be able to provide this package at a very reasonable cost, and we encourage all teams to book this package. Alternatively, teams that book their own accommodation/transport/food out this package will be required to pay a participation fee of 100 CHF/person/day).

The following full service package is provided from March 4 to 17, and includes:

- Hotel accommodation (Courtyard Marriott; APA Coast Hotel)
- 2. Breakfast (6:30-8:30am) and dinner (5pm-7pm) at hotels
- **3.** Lunch at venue 11am 3pm daily
- **4.** Ground transportation (shuttle bus) to/from hotel to competition venue
 - first shuttle from hotel to venue 7am
 - last shuttle from venue to hotel 5pm

Airport shuttles

Airport shuttles will be available for team members at \$20 each way per person and must be arranged and paid in advance. This will include personal baggage, but not equipment.

Equipment transfer from airport to wax cabins will be arranged with cargo vans.

Rental cars

If teams are looking for more flexible transportation options, the rental car bookings can be made with the following companies:

Enterprise car rentals (located at airport)

Driving Force (between airport and downtown)

Teams are responsible for their own costs, insurance, and bookings for all rental vehicles.



Arrangements for team arriving early (before March 4)

For teams that plan to arrive prior to March 4, the LOC has arranged the following (all costs are to be covered by teams). These arrangements should be made as soon as possible with the LOC event manager.

- 1/ Accommodation and meals preferred room rates at the same hotels, and team can also arrange for meals through the hotels.
- 2/ Transportation hotel to venue teams can book rental cars, or contact LOC if interest in booking a shuttle bus.
- 3/ Airport transfers As above, airport shuttle transfers can still be provided at \$20/person/direction (i.e. \$40/person return)
- 4/ Ski passes Prior to March 4, the Caledonia Nordic Ski Club is offering ski passes to teams at a 50% discount from daily passes. To be most efficient, teams will provide the names of members requiring ski passes and for how many days prior to March 4, and passes will be ready when teams arrive.

3.3 TAX REFUND

International tourists are eligible for a tax refund on the GST paid on hotel and merchandise bought to take back home. For more information, go to: <a href="https://www.visitorstocanada.com/visitor

Teams are responsible for downloading and completing the application form.

3.4 ACCREDITATION

Accreditation will be available upon arrival at the Prince George Conference and Civic Center for athletes, coaches, and their supporting staff.

Link to the FIS Accreditation System for NSAs: db.ipc-services.org/fpdms/accreditation/dashboard

The Accreditation documentation will be provided to the Team Leader upon arrival. All teams are required to sign the Caledonia Nordic Ski Club Special Events Waiver.

Everyone is required to wear their Accreditation card at all times. The Accreditation card is a personal belonging, transferring it to another person is prohibited. All athletes, coaches and support staff will have to present their Accreditation card when required at the hotels and venues (i.e. PGCCC and CNSC).

Lost Accreditation cards must be reported immediately to the Competition Office. For a replacement card, the athlete and the Team Leader must provide a valid passport or identity card for the individual having to replace the Accreditation card.

Prior to the first Team Captains Meeting, the following key information must be confirmed with each Team Leader individually:

- Accreditation information
- Transportation arrangements for departure
- Training Arrangements
- Sign off of the national anthem and national flag

3.5 TEAM CAPTAIN (TC) MEETINGS

A Team Captains Meeting will be scheduled at 5pm prior to each day of competition. The TC Meetings will take place in one of the main floor meeting rooms at the Courtyard Marriott Hotel Prince George. A detailed schedule for the following day will be presented by the Chief of Competition and LOC.

COMPETITION INFORMATION

4.1 CALEDONIA NORDIC SKI CLUB/ OTWAY NORDIC CENTRE

The 2024 Para Biathlon World Championships and 2024 Para Nordic World Cup Finals will take place at the Caledonia Nordic Ski Club.

The Caledonia Nordic Ski Club is one of Canada's largest Nordic clubs and one of Prince George's most popular family-oriented year-round outdoor playgrounds. In addition to Nordic skiing and biathlon other fun winter activities including snowshoeing, winter fat biking, while in the summer, the facility is home to Nordic dryland training, mountain biking (including kids programs), hiking, trail running and hosts events such as the Mad Moose Marathon (trail running), and mountain biking events.

4.2 SCHEDULE

4.2.1 2024 PARA BIATHLON WORLD CHAMPIONSHIPS

3 March 2024	Team arrivals begin
4 March 2024	Unofficial training
5 March 2024	Official training and 2024 PBWC Opening Ceremonies
6 March 2024	Biathlon Sprint 7.5 km
7 March 2024	Biathlon Individual 12.5km
8 March 2024	Official Training
9 March 2024	Biathlon Sprint Pursuit
10 March 2024	Biathlon Team Sprint and 2024 PBWC Closing Ceremonies

4.2.2 2024 PARA NORDIC WORLD CUP FINALS

12 March 2024	Official Training		
13 March 2024	Biathlon Middle Distance 10km		
14 March 2024 Cross Country 5 km (Classic) (Mix/Open)			
15 March 2024	Official Training		
16 March 2024	Cross Country Sprint (Free)		
17 March 2024	Cross Country 20km (Classic)		
18 March 2024	Team departures		

4.3 TRAINING

Official Cross Country Skiing and Biathlon training will take place on the competition courses. The training will be controlled and organized by the LOC. Details will be provided at the first Team Captains meeting. All other training requests must be made through the LOC.

4.4 COMPETITION PROCEDURES

4.4.1 OFFICIAL TRAINING

Competitors are required to participate in scheduled training. Only qualified competitors entered over FPDMS online system for the competition may participate in the scheduled training.



4.4.2 RACING FEES

For the 2024 Para Biathlon World Championships, there are no racing fees charge to the athletes or guides by the LOC.*

For the 2024 Para Nordic World Cup, there is a racing fee of 25 CHF charged to each participating athlete and guide for each race in which they compete.* The LOC will provide invoices to each team following the competition.

*as per section 3.2 teams that book their own accommodation/ transport/food outside the LOC package will be required to pay an additional participation fee of 100 CHF/person/day.

4.4.3 WAX ROOMS AND FEES

The LOC along with Caledonia Nordic Ski Club is making waxing rooms available for all nations. The LOC will be using the same solution for waxing space as for the 2019 WPNSC (i.e. temporary buildings brought on site).

Wax rooms are available from Monday, February 26 to Monday, March 18.

The fee for wax rooms (as below) are a flat fee and will not be pro-rated but sharing with other teams is possible, and needs to be arranged in advance with LOC. Initial wax space allocations will be based on team size as per the fee schedule below (teams must submit their team size for wax cabin allocation purposes to LOC Manager by November 30).

Small (15 m ² up to 8 athletes)	500 CHF	
Medium A (30 m ² up to 15 athletes)	1000 CHF	
Medium B (45 m ² up to 23 athletes)	1500 CHF	
Large (60 m ² up to 30 athletes)	2000 CHF	

From the initial allocation, teams can request to reduce their waxing space if desired (in size increments as above). Teams can also request additional waxing space (depending on availability) which will be charged on a full cost basis (i.e. the above fees are subsidized).

Temporary (portable ramps) will be provided and permanent ramps can be requested (provided to teams on at cost).

There are limited numbers of each size of wax room, so we encourage teams to contact the LOC event manager as soon as possible to arrange. (no later than November 15)

Smaller teams can indicate their preference to share a wax room and the LOC will work to accommodate sharing.

Teams that arrive before February 26 will need to contact the LOC event manager to see if waxing space options are possible.

Waxing cannot be done in hotel rooms under any circumstances.

4.4.4 AWARDS

Medals will be awarded to the first three (3) placed male and female competitors in each event category for the competition day.

For the 2024 PBWC, medals will be awarded at the Victory Ceremonies which will be held at the Prince George Civic and Convention Centre each evening after the competitions.

For the 2024 PNWCF, the medal ceremonies will be held in the stadium (competition venue) following each competition.

Podium diplomas will be distributed at the TC meetings, as well as participation certificates for all athletes.

4.4.5 MEDIA

The scope of the broadcast and media will include:

Live HD Production

Ready for broadcast live streaming with English commentary

Highlights

Daily highlights showcasing the best and most exciting moments

News clips

Available for download worldwide

Social Media

Interviews, features, profiles and WOW moments for all events

The Mixed Zones will be positioned at the point where the athletes exit the FOP. The exact location of the Mixed Zones will be finalized with the construction of the competition venue. All athletes are required to pass through the mixed zone to ensure that adequate access is given to the media.

4.5 OPENING AND CLOSING CEREMONIES (2024 PARA BIATHLON WORLD CHAMPIONSHIPS)

The Opening Ceremony for the 2024 Para Biathlon World Championships will be held on Tuesday, March 5, 2024 inside the Prince George Conference and Civic Centre between 6 pm and 8 pm local time.

The Closing Ceremony and Banquet for the 2024 Para Biathlon World Championships will be held on Sunday March 10, 2024 at Prince George Conference and Civic Centre.

As the team hotels are adjacent to the Prince George Conference and Civic and Centre (approx. 100 m) transportation isn't required to get to the Opening and Closing Ceremonies.

Further information on the ceremonies will be provided in the Accreditation Package and at the TC meetings.

4.6 SPORT ENTRIES, COMPETITION FORMATS AND RULES

4.6.1

SPORT ENTRY, TIMELINES AND ATHLETE ELIGIBILITY

All sport entry information, entry timelines and athlete eligibility criteria are contained in the Qualification Criteria document, that will be available on the FIS Para Nordic website.

fis-ski.com/en/para-snowsports/para-nordic

4.6.2

COMPETITION FORMAT AND CLASSIFICATION

2024 Para Biathlon World Championships Medal Events

Men & Women

Sprint 7.5 km

Sitting / Standing / Vision Impaired

Individual 12.5 km

Sitting / Standing / Vision Impaired

Sprint Pursuit

Sitting / Standing / Vision Impaired

Team Sprint

Sitting / Standing / Vision Impaired

2024 Para Nordic World Cup Finals Medal Events

Men & Women

Biathlon 10 km

Sitting / Standing / Vision Impaired

XC 5 km (Classic)

Sitting / Standing / Vision Impaired

XC Sprint (Free)

Sitting / Standing / Vision Impaired

XC Long Distance (Classic)

18km Sitting **20km** Standing / Vision Impaired

4.6.3

RULES AND REGULATIONS

Para Nordic International Competition Rules will apply to the 2024 Para Biathlon World Championships and 2024 Para Nordic World Cup Finals.

MEDICAL AND ANTI-DOPING INFORMATION



5.1 ANTI-DOPING

Doping control will be conducted in accordance with the FIS Anti-Doping Rules (January 2021).

All competitors and guides must comply with and are subject to the rules and regulations outlined in the FIS Anti-Doping Rules and as per Para Nordic ICR art. 205.2.

All athletes may be subject to Doping Control sample collection and testing throughout the 2024 Para Biathlon World Championships and 2024 Para Nordic World Cup Finals in accordance with FIS Anti-Doping Rules. Both in and out of competition testing will be conducted.

If an athlete is selected for testing in competition, a chaperone will be in possession of the athlete's accreditation card and escort the athlete until the testing has been completed.

MEDICAL SERVICE AT THE VENUE

Medical services will be provided at the Competition Venue through the CNSC Ski Patrol and BC Ambulance Services. A dedicated ambulance with an advanced life support team will be onsite during all competitions and official training times. Chief of Medical, Dr. Melissa Dymond, will be responsible for medical arrangements for the competition.

The <u>University Hospital of Northern British Columbia</u> is within 15 minutes of the Competition Venue and includes comprehensive medical services.

It is important to have a Team representative accompany all injured athletes (to identify medical history, allergies, etc.).

NPCs that have medical personnel travelling with them are reminded to ensure that all of the NPC's medical staff has appropriate medical insurance and are able to conduct medical treatment within Canada.

5.3 INSURANCE

The NPC delegation members are obliged to have their own travel and medical insurance for the duration of their stay in Canada.



ABOUT CANADA, PRINCE GEORGE AND THE VENUE

6.1 FACTS AND FIGURES

Canada has a total of ten Provinces and three territories. Prince George is a city in the central interior of the province of British Columbia. With a population of approximately 80,000, Prince George is the largest city in Northern British Columbia. Situated at the junction of two major rivers and along western foothills of the Rocky Mountains, Prince George is well known for its surrounding natural attractions (rivers, lakes, forests, mountain, wildlife) and associated year-round activities (Nordic/alpine/backcountry and Heli skiing, mountain biking, hiking, canoeing, fishing). Prince George boasts all the amenities of a major city: contemporary and locally inspired dining, unique shops, craft breweries, winery, farmers market and a vibrant culture.

The Caledonia Nordic Ski Club is one of Canada's largest Nordic clubs and one of Prince George's most popular family-oriented year-round outdoor playgrounds. In addition to Nordic skiing and biathlon other fun winter activities including snowshoeing, winter fat biking, while in the summer, the facility is home to Nordic dryland training, mountain biking (including kids programs), hiking, trail running and hosts events such as the Mad Moose Marathon (trail running), cycle cross and mountain biking events.

6.2 COMING TO PRINCE GEORGE

The following information will assist your stay in Prince George.

6.2.1 ELECTRICITY

The voltage use in Canada is 100-120 volts only.

Teams will need to ensure their equipment (i.e. waxing irons, etc.) can work with 120 volts. If any teams would like assistance purchasing transformers (at the team's cost) please contact the LOC Event Manager at least 30 days prior (by February 5, 2024).

6.2.2 EMERGENCY CALL

911 is the emergency telephone number for Canada.

6.2.3 VENUE MEDICAL SERVICES

Venue medical services will include the CNSC Ski Patrol supported by a dedicated onsite ambulance with an advanced lifesaving team provided by BC Ambulance Services.

6.2.4 HOSPITAL

The nearest hospital is the <u>University Hospital of Northern British Columbia</u> (UHNBC) located in downtown Prince George. Located 20 minutes from the Competition Venue and less than 5 minutes from the Hotels and Ceremonies Venue, UHNBC offers high-level, specialty medical care including 24-hour emergency, ambulatory and outpatient clients and diagnostic/paramedical services.

6.2.5 CURRENCY

Canadian Dollar is the official currency used throughout Canada. Exchange rates can be found at x-rates.com.

6.2.6 BANK MACHINES

ATMs are readily available at the Prince George International Airport, the Coast Inn of the North and Ramada Prince George hotels and at the Ceremonies Venue. There are also several national banks located within a short distance of the hotels and Ceremonies venue (in the downtown area). There are no ATMs located at the Courtyard by Marriott hotel or the Competition Venue, though debit and credit cards are accepted at the CNSC ski rental office (for purchase of merchandise).

6.2.7 CREDIT CARDS

Credit cards and debit cards are widely accepted in hotels, car rental, shops, restaurants, gas stations, etc. It is extremely rare for businesses not to accept credit or debit cards. Likewise, it is extremely rare for an extra fee to be charged for using a credit card.





6.2.8 WEATHER

The average temperatures during March for Prince George are between -1°C (33°F) and -8°C (17°F). It is quite common for the Competition Venue to be several degrees colder than downtown Prince George.

Weather forecasts will be provided at each TC meeting. Current conditions for the Competition Venue are available from the Caledonia Nordic Ski Club weather station website.

Air temperature and wind: wunderground.com

6.2.9 SMOKING

Smoking is not allowed in public buildings anywhere in Canada, this includes airports, railway stations, hotel lobbies, shops and the Competition Venue (CNSC). Smoking is also prohibited in restaurants and bars. In some cases, public areas dedicated outside smoking zones may be available at certain locations (i.e. airports, hotels, etc.).

6.2.10 PHONE CALLS

To make a phone call to a location in the local area, it is necessary to dial the area code before the seven-digit number.

To make a phone call to another city or area in Canada, you will have to dial (1) and then the area code and the seven-digit phone number.

To make an international call from Canada, you must dial the country code and the city code followed by the direct number.

For additional information on international dialing: howtocallabroad.com

Public payphones are increasingly rare, and it is better to arrange for international roaming for your mobile phone (or purchase a SIM card for Canada). There are no public payphones at the hotels or Competition Venue.

6.2.11 TAP WATER

Prince George's tap water is some of the best in the world and is therefore drinkable throughout the city and at the Competition Venue.

6.2.12 SHOPPING

Prince George's downtown provides a unique and eclectic shopping experience. From men's and women's fashion to local artisan products to furniture, hardware and more, downtown has it all. And the personalized service and attention of downtown shops will astound you. If you have time to indulge, there are also a variety of spas, salons and wellness centres that can cater to your every whim. Stroll the downtown avenues and streets to your delight or go to downtownpg.com and lovedowntownpg.com to discover your 'place' in Downtown Prince George.



6.2.13 RESTAURANTS AND BARS

The many local eateries are well known for preparing enticing offerings. Whether its breakfast, brunch, lunch, dinner, drinks or something in between, you are bound to find something delicious. For a complete list of the many casual/fine dining restaurants, cafes, pubs and local brewhouses please visit the Tourism Prince George website. tourismpg.com/explore/grub

Links of Host City and Competition Venue

Downtown Prince George

restaurants, shopping, unique places, events and fun downtownpg.com

lovenorthernbc.com/community/prince-george

Competition Venue

Caledonia Nordic Ski Club caledonianordic.com

Venue / Trail Map

<u>caledonianordic.com/trails-facilities/maps/cross-country-ski-trails</u>



