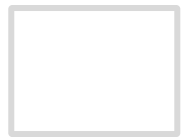


FIS Nordic Combined World Cup

Ruka (FIN)
28.11.2024 - 01.12.2024



Contact information

Last update: 18.11.2024 17:52

Organiser contact information

Phone	General: +358405800467
E-mail	General: kev@rukanordic.com , Entries: pauli.makela@rukanordic.com , Accommodation: nordic@ruka.fi
Address	Kuusamon Era-Veikot, Vanttajantie 6 B, 93600 Kuusamo, Kuusamo
Website	www.rukanordic.com
Social media	https://www.facebook.com/rukanordic

Officials and Contacts

FIS Technical Delegate	Robert Krautgartner (AUT) Han Hendrik Piho (EST)
Chief of Competition	Jyri Pelkonen (FIN) +358 40 844 5882 jyri.pelkonen@vuokattisport.fi
Wax Cabins	Pauli Mäkelä (FIN) +358 44 0473955 pauli.makela@rukanordic.com
Sport	Jarkko Ruhanen (FIN) +358 40 148 5530 jarkko.ruhanen@rukanordic.com
Transportation	Anselmi Pitkänen (FIN) +358 40 148 5557 transportation@rukanordic.com
Accommodation	Rukabooking (FIN) +358 50 464 5209 nordic@ruka.fi
Finances	Pauliina Brandt (FIN) +358 40 652 6676 finance@hiihtoliitto.fi
FIS Race Director	Lasse Ottesen

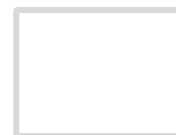
Event schedule

Event schedule (LOC times)

27.11.2024	Event	Location	Races
20:00	Team Captains' Meeting	At Ruka Congress / press centre	28 Nov - PR Men's ICL 29 Nov - WC Men's ICL 30 Nov - WC Men's GUL 1 Dec - WC Men's MSL
28.11.2024	Event	Location	Races
14:00	Start PCR/Qualification		28 Nov - PR Men's ICL
29.11.2024	Event	Location	Races
12:25	Start for JP		29 Nov - WC Men's ICL
16:00	Start for CC		29 Nov - WC Men's ICL

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30.11.2024	Event	Location	Races
11:15	Start for JP		30 Nov - WC Men's GUL
15:15	Start for CC		30 Nov - WC Men's GUL

01.12.2024	Event	Location	Races
09:30	Start for CC		1 Dec - WC Men's MSL
13:30	Start for JP		1 Dec - WC Men's MSL

Entries

The FIS Online Registration System must be used to register the participating teams.

Booking of waxing cabins via FIS Online Entry System by the preliminary entry. Preliminary entry counts as wax cabin booking, extra wax cabin must be ordered.

Preliminary entry deadline: 17.10.2024

Entry deadline: 20.11.2024

Team information FIS World Cup Ruka Nordic 2024

1. Accommodation

Teams and SRS companies must use the FIS online booking system by requesting the number of rooms/apartments with full-board. The OC will pay accommodation costs according to the FIS rules reimbursement lists and prices. For additional persons, the teams must pay directly to OC.

Accommodation in 3 star hotel rooms or apartments.

Accommodation Office, opening times:

- Wed 27.11 - Thu 28.11: 9-19
- Fri 29.11 - Sat 30.11: 9-18
- Sun 1.12: 10-14

2. Accreditation

Requests for additional accreditation must be sent via the FIS Online System or to the OC Secretariat at kev@rukanordic.com.

All accreditation cards can be picked up at: Accreditation Office in Hotel Scandic Rukahovi, Congress Centre.

Accreditation office, opening times:

- Mon-Thu 25.-28.11. 9:00-19:00
- Fri 29.11. 8:00-18:00
- Sat 30.11. 8:00-17:00
- Sun 1.12. 8.00-10.00

3. Transport

The transportation office will arrange transportation between the official airports (Kuusamo, Oulu and Rovaniemi) and the hotels in Ruka.

No shuttle service between hotels and venues (walking distance).

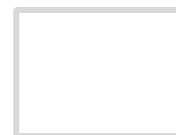
One transport per team (from the official airport to the venue and one from the venue to the airport) free of charge.

Requests for transportation (exact arrival times, flight numbers and number of arriving people) must be sent via the FIS Online Entry System or directly to the Transportation office at transportation@rukanordic.com.

Transportation office, opening times:

FIS Nordic Combined World Cup

Ruka (FIN)
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Mon 25.11 - Wed 27.11.: 10.00 - 18.00

Thu 28.11 - Sun 1.12.: 9.00 - 20.00

Prices for additional transport:

- Kuusamo-Ruka or Ruka-Kuusamo (1-4 persons: 81€, 5-8p: 139€, 9-16p: 311€, 17-50p: 393€)
- Oulu-Ruka or Ruka-Oulu (1-4 persons: 346€, 5-8p: 577€, 9-16p: 858€, 17-50p: 1097€)
- Rovaniemi-Ruka or Ruka-Rovaniemi (1-4 persons: 324€, 5-8p: 531€, 9-16p: 831€, 17-50p: 1028€)

Teams departing from Oulu or Rovaniemi airport must prepare to leave from Ruka approximately 4 hours before flight time.

The minimum charge for waiting longer than 30 minutes is 57,75€/hour, which is paid by the customer.

Please, consider the amount of luggage that can fit in the car. For example, a group of 4 people with a lot of luggage should take a minivan

Used vehicles:

1-4p: Car, 5-8p: Minivan, 9-16p: Minibus, 17-50p: Bus

4. Payments

Accommodation costs: Persons from the reimbursement lists will be paid by the OC directly. For additional persons, the teams will pay directly in the accommodation office until the 30th of November.

Payments by invoice or credit card.

5. Prize money and taxes

If requested, the OC will provide the athletes with a receipt of taxes paid accompanying the prize money.

Prize money payment (Word Cup Rules Art. 8) OC will use a protected FIS database for prize money payment information. Please make sure that all your athletes' information is uploaded to the system before the race weekend (including Tax codes).

Finnish law does not allow any prize money transfer without indicating the TINs (Tax identification number).

The financial office is in the Congress Centre, Hotel Scandic Rukahovi.

Financial Office, opening times:

- Thu 28.11: 10-18
- Fri 29.11: 10-19
- Sat 30.11: 10-18
- Sun 1.12: 10-14

6. Race office, SJ Info, Waxing facilities and Starting Bibs

Race Office (is located in the Scandic Rukahovi Congress Centre), opening times:

- Mon 25.11 - Thu 28.11: 9-19
- Fri 29.11 - Sat 30.11: 8-18
- Sun 1.12: 8-17

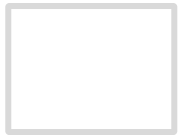
Race office tel. +358 40 580 0467

SJ info (is located in the Ski Jumping hill Area), opening times:

- Mon 25.11 - Tue 26.11: 10-14
- Wed 27.11: 11-18.30
- Thu 28.11: 8-15

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- Fri 29.11: 10-19
- Sat 30.11: 9-19
- Sun 1.12: 11-17

Wax cabins:

Available from 25.11.2024 at 12:00

The keys to the waxing cabins are available at the SJ info. Keys return to SJ info on the day of departure.

Waxing trucks: teams arriving with trucks must inform the OC until 14.10.2024 with exact measurements of the truck and details of the needs.

Fee for lost key 100€ and cleaning fee 150€.

Parking cards can be picked up at the SJ info together with the keys.

Starting Bibs:

Distribution of Starting Bibs from the SJ info before the races.

7. Team Catering

SJ Café both at the Ski Jumping Service Area and at the top of Ski Jumping Hill.

Warm food and snack is served (Take Away).

8. Medical Service

Nearest hospital: Kuusamo City Hospital

Address: Raistakantie 1, FIN-93600 Kuusamo, +358 40 860 8611

X-ray, on call during the event

A doctor and ambulances are on duty in the Ski Jumping area during the event.

9. Regulations of radio equipment/Radio Frequencies

The Finnish Transport and Communications Agency (Traficom) regulates the use of radio frequencies in Finland. Based on submitted applications Traficom issues radio licences for users of radio transmitters to ensure trouble-free utilisation of the radio spectrum.

Applications can be submitted by filling in the form found with the link below no later than 31 October 2024.

<https://www.traficom.fi/en/contact-form-event-organizers>

Some radio transmitters can be used on licence-exempt basis depending on their operating frequency and application. Please refer to Traficom Regulation 15: <https://www.traficom.fi/en/regulations/regulation-15-collective-frequencies-licence-exempt-radio-transmitters-and-their-use>

The applicable frequency bands for wireless cameras, video links and microphones have been collected to page:

<https://www.traficom.fi/en/communications/communications-networks/wireless-cameras-video-links-and-microphones>

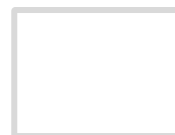
10. Regulations of Visa

Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for Finland.

For an official letter of invitation, please send a request to kev@rukanordic.com.

11. Special permissions for truck driving (Sunday and night, other days with special regulations)

There is no need for a special permission for truck driving on Finnish roads. No special rules and regulations, except for the normal Finnish weather and snow conditions and the need of snow tires.



12. Technical Delegates and jumping judges

TD Krautgartner Robert AUT

TD ass. Piho Han Hendrik EST

Nat TD. Koppinen Vesa FIN

Jumping judges:

FIN Pirjo Karjalainen, USA Laue Matt, NOR Normann Tom, GER Schubeck Thomas, POL Malina Wojciech

13. Maps

More information on our website.

14. Media and Communications

[Ruka Nordic -Website](#)

[Facebook](#)

[Instagram](#)

[Youtube](#)

#rukanordic

We cordially invite all member associations of the FIS to participate in the **23rd FIS WORLD CUP RUKA NORDIC** on November 27th - December 1st 2024 in Kuusamo Ruka

PROGRAMME:

Wednesday 27.11.2024

10:00-12:00 Course open, Cross Country (grooming: classic & skate)

15:00-18:00 Course open, Cross Country (grooming: classic & skate)

12:00-15:00 NC, Free training Ski Jumping

16:00-18:00 SJ, Free training Ski Jumping

20:00 Team Captains meeting Nordic Combined – press centre

Thursday 28.11.2024

09:00-10:30 SJ, Free training, Ski Jumping

10:00-11:30 Official training, Cross Country, Sprint, C

11:30-13:00 Official training, Cross Country, 10 km C race (one C track groomed in ideal line, rest groomed F)

12:00-14:00 Official training Ski Jumping, Nordic Combined

13:00-14:00 Courses closed for grooming

14:00-15:00 Provisional competition round, Nordic Combined, HS 142

16:00-17:30 Official training on NC course for 7,5 km race (2,5 km course)

18:00 Team Captains meeting Cross Country – press centre

20:00 Team Captains meeting Nordic Combined - press centre

Friday 29.11.2024

08:00 Course Open, Cross Country, C

11:00 Team Captains meeting Ski Jumping – press centre

11:00 Trial round HS 142, Nordic Combined

11:00 Cross Country, Women 10 km C, Coop FIS Cross Country World Cup

12:25 Nordic Combined, Ski Jumping HS 142, Viessmann FIS Nordic Combined World Cup

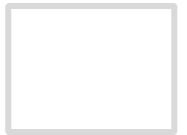
13:40 Cross Country, Men 10 km C, Coop FIS Cross Country World Cup

15:45 Official training HS142, Ski Jumping

16:00 Nordic Combined, Ind Compact, 7,5km (3x2,5km), Viessmann FIS Nordic Combined World Cup

FIS Nordic Combined World Cup

Ruka (FIN)
28.11.2024 - 01.12.2024



18:00 Team Captains meeting Cross Country – press centre

18:10 Qualification HS 142, Ski Jumping

Saturday 30.11.2024

08:00 Course open

10:00 Sprint Qualification (W+M), Cross Country skiing, C (1,4 km)

10:00 Trial round HS 142, Nordic Combined

11:15 Nordic Combined, Ski Jumping HS 142, Viessmann FIS Nordic Combined World Cup

12:30 Cross Country, Sprint Women+Men, finals, C (1,4 km), Coop FIS Cross Country World Cup

15:15 Nordic Combined, Ind Gundersen, 10km (4x2,5km), Viessmann FIS Nordic Combined World Cup

17:00 Trial round HS 142, Ski Jumping

18:00 Ski Jumping HS 142, Viessmann FIS Ski Jumping World Cup

18:00 Team Captains meeting Cross Country – press centre

Sunday 01.12.2024

07:30 Course open for Nordic Combined

09:30 Nordic Combined, Mass start 12,5 km, F (5x2,5 km), Viessmann FIS Nordic Combined World Cup

10:30 Cross Country, 20 km Men, Mass start F (5x4 km), Coop FIS Cross Country World Cup

12:15 Trial round HS 142, Nordic Combined

12:25 Cross Country, 20 km Women, Mass start F (5x4 km), Coop FIS Cross Country World Cup

13:30 Nordic Combined, Ski Jumping HS 142, Viessmann FIS Nordic Combined World Cup

14:45 Qualification HS 142, Ski Jumping

16:15 Ski Jumping HS 142, Viessmann FIS Ski Jumping World Cup