

| AE                          |       | 2025 FIS FREESTYLE SKI NORAM CUP<br>LAC BEAUPORT - CAN |          |       |                                                   |          | FS                     |  |
|-----------------------------|-------|--------------------------------------------------------|----------|-------|---------------------------------------------------|----------|------------------------|--|
|                             |       |                                                        |          |       |                                                   |          | as of 17/02/2025 - KXR |  |
| Thursday, February 20, 2025 |       |                                                        |          |       | PRACTICE 1                                        |          |                        |  |
|                             | Start | Finish                                                 | Duration | Event |                                                   | Teams    |                        |  |
| AE                          | 12:00 | -                                                      | 12:45    | 0:45  | Group 1 Chop and Hill Prep                        |          |                        |  |
|                             | 12:45 | -                                                      | 13:00    | 0:15  | Speed Check                                       |          |                        |  |
|                             | 13:00 | -                                                      | 16:00    | 3:00  | Aerial Practice 1                                 |          | All Teams              |  |
| Friday, February 21, 2025   |       |                                                        |          |       | PRACTICE 2                                        |          |                        |  |
|                             | Start | Finish                                                 | Duration | Event |                                                   | Teams    |                        |  |
| AE                          | 12:00 | -                                                      | 12:45    | 0:45  | Chop and Hill Prep                                |          |                        |  |
|                             | 12:45 | -                                                      | 13:00    | 0:15  | Speed Check                                       |          |                        |  |
|                             | 13:00 | -                                                      | 16:00    | 3:00  | Aerial Practice 2                                 |          | All Teams              |  |
| MTG                         | 17:00 | -                                                      | 17:30    | 0:30  | Aerial Draw                                       |          | Online                 |  |
| Saturday, February 22, 2025 |       |                                                        |          |       | COMPETITION 1                                     |          |                        |  |
|                             | Start | Finish                                                 | Duration | Event |                                                   | Location |                        |  |
| AE<br>Final                 | 9:00  | -                                                      | 9:30     | 0:30  | Women's Chop and Course Prep                      |          |                        |  |
|                             | 9:30  | -                                                      | 9:45     | 0:15  | Women's Speed Checks                              |          |                        |  |
|                             | 9:45  | -                                                      | 11:00    | 1:15  | Women's Qualifcation Warm Up - Max 4 Jumps        |          | Aerial Hill            |  |
|                             | 11:00 | -                                                      | 11:10    | 0:10  | Course Prep                                       |          |                        |  |
|                             | 11:10 | -                                                      | 11:50    | 0:40  | Women's and Men's Aerial Qualifications (Q1) (23) |          |                        |  |
|                             | 11:50 | -                                                      | 12:30    | 0:40  | Women's and Men's Aerial Qualifications (Q2) (23) |          |                        |  |
|                             | 12:30 | -                                                      | 12:35    | 0:05  | Course Prep                                       |          |                        |  |
|                             | 12:35 | -                                                      | 13:00    | 0:25  | Women's and Men's Aerial Finals (F1) (6/6)        |          |                        |  |
|                             | 13:00 | -                                                      | 13:30    | 0:30  | Break                                             |          |                        |  |
|                             | 13:30 | -                                                      | 13:45    | 0:15  | AWARDS - Aerial 1                                 |          |                        |  |
| MTG                         | 16:30 | -                                                      | 17:00    | 0:30  | Aerial Draw                                       |          | Online                 |  |
| Sunday, February 23, 2025   |       |                                                        |          |       | COMPETITION 2                                     |          |                        |  |
|                             | Start | Finish                                                 | Duration | Event |                                                   | Location |                        |  |
| AE<br>Quali                 | 9:00  | -                                                      | 9:30     | 0:30  | Women's Chop and Course Prep                      |          |                        |  |
|                             | 9:30  | -                                                      | 9:45     | 0:15  | Women's Speed Checks                              |          |                        |  |
|                             | 9:45  | -                                                      | 11:00    | 1:15  | Women's Qualifcation Warm Up - Max 4 Jumps        |          | Aerial Hill            |  |
|                             | 11:00 | -                                                      | 11:10    | 0:10  | Course Prep                                       |          |                        |  |
|                             | 11:10 | -                                                      | 11:50    | 0:40  | Women's and Men's Aerial Qualifications (Q1) (23) |          |                        |  |
|                             | 11:50 | -                                                      | 12:30    | 0:40  | Women's and Men's Aerial Qualifications (Q2) (23) |          |                        |  |
|                             | 12:30 | -                                                      | 12:35    | 0:05  | Course Prep                                       |          |                        |  |
|                             | 12:35 | -                                                      | 13:00    | 0:25  | Women's and Men's Aerial Finals (F1) (6/6)        |          |                        |  |
| AE                          | 13:00 | -                                                      | 13:30    | 0:30  | Break                                             |          |                        |  |
|                             | 13:30 | -                                                      | 13:45    | 0:15  | AWARDS - Aerial 2 > NorAm Cup Final Awards        |          |                        |  |
| Departure                   |       | Monday, February 24, 2025                              |          |       |                                                   |          |                        |  |