

2025 FIS FREESTYLE SKI NORAM CUP - Moguls + Dual Moguls
APEX MOUNTAIN RESORT

11/15/2024-kxr

Wednesday, February 19, 2025 - ARRIVAL					
	Start	Finish	Duration	Event	Location
ARR	18:00	- 20:00	02:00	Mogul Teams Arrival	Brown Bag Room

Thursday, February 20, 2025 - COURSE DEVELOPMENT					
	Start	Finish	Duration	Event	Location
ARR	07:30	- 10:00	02:30	Mogul Team Arrival	Brown Bag Room
MO	09:45	- 10:00	00:15	Men's Mogul Inspection	KRISTI's RUN
	10:00	- 10:10	00:10	Course Preparation	
	10:10	- 10:55	00:45	Men's Mogul Practice Session 1	
	10:55	- 11:05	00:10	Course Preparation	
	11:05	- 11:50	00:45	Men's Mogul Practice Session 2	
TRNG	11:50	- 12:05	00:15	Women's Mogul Inspection	KRISTI's RUN
	12:05	- 12:15	00:10	Course Preparation	
	12:15	- 13:00	00:45	Women's Mogul Practice Session 1	
	13:00	- 13:10	00:10	Course Preparation	
	13:10	- 13:55	00:45	Women's Mogul Practice Session 2	
	13:55	- 14:10	00:15	COACHES AND ATHLETES SLIP	
MTG	14:20	- 14:30	00:10	Mogul Teams Course Review	KRISTI's Finish Area

Friday, February 21, 2025 - PRACTICE					
	Start	Finish	Duration	Event	Location
MO	09:45	- 10:00	00:15	Women's Mogul Inspection	KRISTI's RUN
	10:00	- 10:10	00:10	Course Preparation	
	10:10	- 10:55	00:45	Women's Mogul Practice Session 1	
	10:55	- 11:05	00:10	Course Preparation	
	11:05	- 11:50	00:45	Women's Mogul Practice Session 2	
TRNG	11:50	- 12:05	00:15	Men's Mogul Inspection	KRISTI's RUN
	12:05	- 12:15	00:10	Course Preparation	
	12:15	- 13:00	00:45	Men's Mogul Practice Session 1	
	13:00	- 13:10	00:10	Course Preparation	
	13:10	- 13:55	00:45	Men's Mogul Practice Session 2	
MTG	17:30	- 18:00	00:30	Mogul Draw	ONLINE

Saturday, February 22, 2025- MOGUL COMPETITION					
	Start	Finish	Duration	Event	Location
L-MO	08:30	- 08:45	00:15	Women's Mogul Qualifications Inspection	KRISTI's RUN
	08:45	- 08:55	00:10	Course Preparation	
QUALI	08:55	- 09:30	00:35	Women's Mogul Qualifications Warm Up	
	09:30	- 09:40	00:10	Course Preparation + Forerunners	
	09:40	- 10:55	01:15	Ladies' Mogul Qualifications(Q1)(49)	
M-MO	10:55	- 11:10	00:15	Men's Mogul Qualifications Inspection	KRISTI's RUN
	11:10	- 11:20	00:10	Course Preparation	
QUALI	11:20	- 11:55	00:35	Men's Mogul Qualifications Warm Up	
	11:55	- 12:05	00:10	Course Preparation + Forerunners	
	12:05	- 13:25	01:20	Men's Mogul Qualifications(Q1)(63)	
BRK	13:25	- 13:40	00:15	Finalist Result Period + Finalist Inspection	
W/M MO	13:40	- 13:55	00:15	Women's and Men's Mogul Finalist Warm Up	KRISTI's RUN
	13:55	- 14:05	00:10	Course Preparation	
	14:05	- 14:25	00:20	Women's Mogul Finals (F1) (16)	
	14:25	- 14:45	00:20	Men's Mogul Finals (F1) (16)	
	14:45	- 14:55	00:10	Women's Mogul Finals (F2) (6)	
	14:55	- 15:05	00:10	Men's Mogul Finals (F2) (6)	
AWDS	16:00	- 16:15	00:15	Women's and Men's Awards	Gun Barrel Podium
MTG	17:30	- 18:00	00:30	DUAL MOGUL DRAW	ONLINE

Sunday, February 23, 2025 - Dual Mogul Competition					
	Start	Finish	Duration	Event	Location
W/M DM	08:30	- 08:50	00:20	Women's and Men's Dual Mogul Inspection	KRISTI's RUN
	08:50	- 09:00	00:10	Course Preparation	
	09:00	- 09:50	00:50	Women's and Men's Dual Mogul Warm Up	
	09:50	- 10:00	00:10	Course Preparation	
	10:00	- 11:45	01:45	Women's and Men's Dual Mogul Prelim Rounds (77)	
FINALS	11:45	- 11:55	00:10	Finalist Result Period + Finalist Inspection	KRISTI's RUN
	11:55	- 12:15	00:20	Finalist Practice	
	12:15	- 13:35	01:20	Women's and Men's Dual Mogul Finals (F1) (16/16)	
AWDS	14:30	- 14:45	00:15	Women's and Men's Dual Mogul Awards	Gun Barrel Podium