



**NATIONS CUP STANDING MEN**

**I. Period**

|   |   |             |
|---|---|-------------|
| 1 | Ruka (FIN), Men Individual Compact LH/7.5km           | 29 NOV 2024 |
| 2 | Ruka (FIN), Men Individual Gundersen LH/10.0km        | 30 NOV 2024 |
| 3 | Ruka (FIN), Men Mass Start LH/10.0km                  | 1 DEC 2024  |
| 4 | Lillehammer (NOR), Men Individual Gundersen NH/10.0km | 7 DEC 2024  |
| 5 | Lillehammer (NOR), Men Individual Compact LH/7.5km    | 8 DEC 2024  |
| 6 | Ramsau (AUT), Men Mass Start NH/10.0km                | 20 DEC 2024 |
| 7 | Ramsau (AUT), Men Individual Gundersen NH/10.0km      | 21 DEC 2024 |

**II. Period**

|   |  |             |
|---|--|-------------|
| 8 | Schonach (GER), Men Individual Gundersen NH/10.0km | 18 JAN 2025 |
| 9 | Schonach (GER), Men Individual Gundersen NH/7.5km  | 19 JAN 2025 |

**III. Period**

|    |   |             |
|----|---|-------------|
| 10 | Seefeld (AUT), Men Mass Start NH/10.0km           | 31 JAN 2025 |
| 11 | Seefeld (AUT), Men Individual Gundersen NH/7.5km  | 1 FEB 2025  |
| 12 | Seefeld (AUT), Men Individual Gundersen NH/10.0km | 2 FEB 2025  |
| 13 | Otepää (EST), Men Mass Start NH/10.0km            | 7 FEB 2025  |
| 14 | Otepää (EST), Men Individual Gundersen NH/10.0km  | 8 FEB 2025  |
| 15 | Otepää (EST), Men Individual Gundersen NH/7.5km   | 9 FEB 2025  |

**IV. Period**

|    |   |             |
|----|---|-------------|
| 16 | Oslo (NOR), Men Individual Gundersen LH/10.0km  | 15 MAR 2025 |
| 17 | Oslo (NOR), Men Individual Gundersen LH/7.5km   | 16 MAR 2025 |
| 18 | Lahti (FIN), Men Individual Gundersen LH/10.0km | 21 MAR 2025 |
| 19 | Lahti (FIN), Men Individual Gundersen LH/10.0km | 22 MAR 2025 |

| RK | NAME                     | NSA | TOTAL        | 1   | 2   | 3   | 4   | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
|----|--------------------------|-----|--------------|-----|-----|-----|-----|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|
| 1  | GERMANY                  | GER | 1340         | 366 | 381 | 355 | 238 |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 2  | NORWAY                   | NOR | 1280<br>-60  | 302 | 310 | 255 | 413 |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 3  | AUSTRIA                  | AUT | 1010<br>-330 | 219 | 232 | 283 | 276 |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 4  | FRANCE                   | FRA | 202<br>-1138 | 64  | 43  | 57  | 38  |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 5  | FINLAND                  | FIN | 178<br>-1162 | 92  | 42  | 25  | 19  |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 6  | ESTONIA                  | EST | 151<br>-1189 | 28  | 20  | 43  | 60  |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 7  | UNITED STATES of AMERICA | USA | 151<br>-1189 | 45  | 64  | 11  | 31  |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 8  | JAPAN                    | JPN | 128<br>-1212 | 14  | 25  | 61  | 28  |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 9  | ITALY                    | ITA | 83<br>-1257  | 22  | 9   | 3   | 49  |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 10 | SLOVENIA                 | SLO | 73<br>-1267  | 13  | 15  | 35  | 10  |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |





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| RK | NAME    | NSA | TOTAL       | 1 | 2  | 3  | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
|----|---------|-----|-------------|---|----|----|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|
| 11 | CZECHIA | CZE | 39<br>-1301 |   | 17 | 19 | 3 |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 12 | UKRAINE | UKR | 16<br>-1324 |   | 5  | 11 |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
| 13 | CHINA   | CHN | 9<br>-1331  |   | 2  | 7  |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |

