

AE		FIS FREESTYLE SKI WORLD CUP RUKA (FIN)				FS	
FIS 8120/8121						3/12/25 - RINI	
		Tuesday, 2 December 2025				Arrival	
		Start	Finish	Duration	Event	Location	
AE		12:00	-	20:00	08:00	Arrival + Aerial Team Jump Shaping	
		19:00	-	20:00	01:00	Team Captains Meeting / Medical Briefing	
		Wednesday, 3 December 2025				PRACTICE	
		Start	Finish	Duration	Event	Location	
AE		13:00	-	13:15	00:15	Aerial Inspection and Speed Checks	
		13:15	-	13:20	00:05	Course Preparation	
		13:20	-	15:20	02:00	Aerial Practice Session Group 1	
		15:20	-	15:35	00:15	Aerial Inspection and Speed Checks	
		15:35	-	15:40	00:05	Course Preparation	
		15:40	-	17:40	02:00	Aerial Practice Session Group 2	
		Thursday, 4 December 2025				PRACTICE	
		Start	Finish	Duration	Event	Location	
AE		13:00	-	13:15	00:15	Aerial Inspection and Speed Checks	
		13:15	-	13:20	00:05	Course Preparation	
		13:20	-	15:20	02:00	Aerial Practice Session Group 2	
		15:20	-	15:35	00:15	Aerial Inspection and Speed Checks	
		15:35	-	15:40	00:05	Course Preparation	
		15:40	-	17:40	02:00	Aerial Practice Session Group 1	
		Friday, 5 December 2025				PRACTICE	
		Start	Finish	Duration	Event	Location	
AE		13:00	-	13:15	00:15	Aerial Inspection and Speed Checks	
		13:15	-	13:20	00:05	Course Preparation	
		13:20	-	15:20	02:00	Aerial Practice Session Group 1	
		15:20	-	15:35	00:15	Aerial Inspection and Speed Checks	
		15:35	-	15:40	00:05	Course Preparation	
		15:40	-	17:40	02:00	Aerial Practice Session Group 2	
TMC		19:00	-	20:00	01:00	Aerial Draw	
		Saturday, 6 December 2025				AERIAL COMPETITION	
		Start	Finish	Duration	Event	Location	
AE		09:15	-	09:25	00:10	Women's Inspection and Speed Checks	
		09:25	-	10:45	01:20	Women's Aerial Warm Up	
		10:45	-	11:00	00:15	Course Preparation and Forerunners	
		11:00	-	11:50	00:50	Women's Qualifications (Q1)(31)	
	Qual.	11:50	-	11:55	00:05	Course Preparation	
		11:55	-	12:05	00:10	Men's Inspection and Speed Checks	
		12:05	-	13:45	01:40	Men's Aerial Warm Up	
		13:45	-	14:00	00:15	Course Preparation and Forerunners	
BRK		14:00	-	15:15	01:15	Men's Qualifications (Q1)(35)	
		15:15	-	15:30	00:15	Break	
AE Final		15:30	-	15:40	00:10	Women's and Men's Aerial Finalist Speed Checks	
		15:40	-	16:35	00:55	Women's and Men's Aerial Finalist Warm Up	
		16:35	-	16:45	00:10	Course Preparation	
		16:45	-	17:06	00:21	Women's Aerial Finals (F1) (12)	
		17:06	-	17:27	00:21	Men's Aerial Finals (F1) (12)	
		17:27	-	17:29	00:02	Break	
		17:29	-	17:39	00:10	Women's Aerial Finals (F2) (6)	
		17:39	-	17:41	00:02	Women Winners Celebration + Flash Interview	
		17:41	-	17:51	00:10	Men's Aerial Finals (F2) (6)	
		17:51	-	17:53	00:02	Men Winners Celebration + Flash Interview	
		17:53	-	17:55	00:02	Finish Area Awards Preparation	
		17:55	-	17:59	00:04	Women's Aerial Awards	
		17:59	-	18:03	00:04	Men's Aerial Awards	
		18:03	-	18:05	00:02	Women's and Men's Yellow Bib	
		18:05	-	18:15	00:10	Media Interviews	

Departure Sunday, 7 December 2025