

FIS Freestyle Ski World Cup Opening 2025
Ruka, Finland

TEAM INVITATION

Ski Sport Finland is pleased to invite all Freestyle Nations to attend the FIS Freestyle Ski World Cup Opening in Aerials and Moguls at Ruka Ski Resort, Finland.

Aerial World Cup Opening 2.12.-6.12.2025 and Mogul World Cup Opening 4.12.-7.12.2025

The Organizing Committee will host the event in accordance with the International Ski Competition Rules (ICR) and the World Cup rules 2025/26 of the International Ski and Snowboard Federation (FIS). All National ski Associations affiliated with FIS are invited to compete.

ORGANIZING COMMITTEE

Ski Sport Finland ry
Mrs. Minna Karhu, General Secretary
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Valimotie 10
FIN – 00320 HELSINKI
FINLAND
General e-mail : worldcupruka@skisport.fi



ENTRIES

Entries will be accepted from National Ski Associations following FIS quotas and rules.

Access to the online registration system is possible through the FIS Homepage <http://www.fis-ski.com> / Member Section.

All quotas and entries are according to the FIS Freestyle Ski World Cup Rules 2024/25. Only those competitors who are entered by National Associations are eligible and the number of participants is limited under current World Cup quotas.

Preliminary Team entry deadline 27.10.2025

Each National Association must inform the Organizers about the expected total number of team members (Names, FIS Codes and Gender, team officials) arrival and departure dates. This needs to be done using the “Competition Online Entry System”.

Final Team entry deadline 26.11.2025

No later than 10 days before the competition day the NSA must inform the OC of its final entries (Names, FIS Code and Gender) with their arrival and departure dates. Teams or persons who register after the deadline will not be eligible for FIS rates.



ACCOMODATION

Accommodation, with FIS rate of 40 CHF with no meals, for athletes and officials during the competition days is provided in Ruka Ski-Inn units, located in the immediate closeness of the ski area. All the units are equipped with kitchens.

All accommodation reservations must be done directly to Ruka Ski Resort.

Appendix: Training Teams Accommodation & Pricing Policy Ruka World Cup 2025

Contact information for early season training and accommodation during the competition at Ruka Ski Resort:

Ruka Booking

Rukakeskus Ltd

Tel. +358 10 382 5222

Rukatunturintie 9

93830 RUKATUNTURI

sales@ruka.fi

Each Team will pay all their accommodation expenses before arrival, directly to Ruka Ski Resort.

For early season training, please refer to the Ski Resort's web pages: [**RUKA TRAINING CENTRE**](#)



RACE OFFICE

Race Office is in Ruka Congress Center.

Race office opens on the arrival day at 10:00. Team Captains will receive accreditations, and ski passes from the race office (ski pass starts on arrival day already).

TEAM CAPTAIN MEETINGS

Team Captain Meetings will be held online. Link will be provided by FIS Race Director.

BIBS

Bibs are distributed after the first Team Captains meeting. All competitors must wear bibs during all official training, competition, and award ceremonies.

ANTI-DOPING CONTROL

Anti-doping control testing may be conducted in accordance with the rules and regulations set forth by FIS.

PRIZE MONEY

Prize money will be transferred to the athlete's account electronically (NO need to visit the race office for that).

Each NSA is responsible in filling the athletes bank account information to the FIS database, using the Athlete Registration module in the FIS Member Section. Note that a withholding tax will be retained as per Finnish Income Tax Law and TIN code (tax identification code) is mandatory. The organizing Committee might need a copy of the athlete's passport due to Finnish Law, the athletes will be contacted by the e-mail address they have listed in the FIS Prize money system.



Prize money breakdown per competition per gender, according to FIS World Cup Rules 3.5.1.

Place	Amount Euro €	% of Total
1st place	15,714	45.00%
2nd place	8,207	23.50%
3rd place	4,365	12.50%
4th place	2,095	6.00%
5th place	1,048	3.00%
6th place	873	2.50%
7th place	786	2.25%
8th place	698	2.00%
9th place	611	1.75%
10th place	524	1.50%
Total 34,921 €		100.00%

ACCIDENT INSURANCE

Each competitor must carry his/her own medical insurance. The Organizing Committee, sponsors, suppliers, Ruka Ski Resort, FIS and Ski Sport Finland assume no responsibility for accidents, damage or loss of equipment, nor second- or third-party claims during the event.



IMPORTANT INFORMATION

Ski Resort Ruka

Ski Resort Ruka has hosted the FIS Freestyle Ski World Cup Opening for several years. You can find more information of early season training from the link: [RUKA TRAINING CENTRE](#)

For the snow conditions and training schedules, please follow our Internet pages and Facebook:

<https://www.freestyleopening.fi/>

<https://www.facebook.com/freestyleopeningruka>

Ruka Ski resort's Internet pages and webcams: <https://ski.ruka.fi/en>

Ruka Gym webpages: <https://rukagym.fi/in-english/>

WELCOME TO RUKA AND FINLAND!



AE		FIS Freestyle Ski World Cup RUKA (FIN)					FS	
fis 8120/8121							as of 09/09/25 - RINI	
Tuesday, 2 December 2025							Arrival	
	Start	Finish	Duration	Event		Location		
AE	12:00	- 20:00	08:00	Arrival + Aerial Team Jump Shaping				
	19:00	- 20:00	01:00	Team Captains Meeting / Medical Briefing		Online		
Wednesday, 3 December 2025							PRACTICE	
	Start	Finish	Duration	Event		Location		
AE	13:00	- 13:15	00:15	Aerial Inspection and Speed Checks				
	13:15	- 13:20	00:05	Course Preparation				
	13:20	- 15:20	02:00	Aerial Practice Session Group 1				
	15:20	- 15:35	00:15	Aerial Inspection and Speed Checks				
	15:35	- 15:40	00:05	Course Preparation				
	15:40	- 17:40	02:00	Aerial Practice Session Group 2				
Thursday, 4 December 2025							PRACTICE	
	Start	Finish	Duration	Event		Location		
AE	13:00	- 13:15	00:15	Aerial Inspection and Speed Checks				
	13:15	- 13:20	00:05	Course Preparation				
	13:20	- 15:20	02:00	Aerial Practice Session Group 2				
	15:20	- 15:35	00:15	Aerial Inspection and Speed Checks				
	15:35	- 15:40	00:05	Course Preparation				
	15:40	- 17:40	02:00	Aerial Practice Session Group 1				
Friday, 5 December 2025							PRACTICE	
	Start	Finish	Duration	Event		Location		
AE	13:00	- 13:15	00:15	Aerial Inspection and Speed Checks				
	13:15	- 13:20	00:05	Course Preparation				
	13:20	- 15:20	02:00	Aerial Practice Session Group 1				
	15:20	- 15:35	00:15	Aerial Inspection and Speed Checks				
	15:35	- 15:40	00:05	Course Preparation				
	15:40	- 17:40	02:00	Aerial Practice Session Group 2				
TMC	19:00	- 20:00	01:00	Aerial Draw		Online		
Saturday, 6 December 2025							AERIAL COMPETITION	
	Start	Finish	Duration	Event		Location		
AE	08:55	- 09:05	00:10	Women's Inspection and Speed Checks				
	09:05	- 10:35	01:30	Women's Aerial Warm Up				
	10:35	- 10:45	00:10	Course Preparation and Forerunners				
	10:45	- 11:35	00:50	Women's Qualifications (Q1)(35)				
Qual.	11:35	- 11:40	00:05	Course Preparation				
	11:40	- 11:50	00:10	Men's Inspection and Speed Checks				
	11:50	- 13:20	01:30	Men's Aerial Warm Up				
	13:20	- 13:30	00:10	Course Preparation and Forerunners				
	13:30	- 15:15	01:45	Men's Qualifications (Q1)(40)				
BRK	15:15	- 15:30	00:15	Break				
AE Final	15:30	- 15:40	00:10	Women's and Men's Aerial Finalist Speed Checks				
	15:40	- 16:35	00:55	Women's and Men's Aerial Finalist Warm Up				
	16:35	- 16:45	00:10	Course Preparation				
	16:45	- 17:06	00:21	Women's Aerial Finals (F1) (12)				
	17:06	- 17:27	00:21	Men's Aerial Finals (F1) (12)				
	17:27	- 17:29	00:02	Break				
	17:29	- 17:39	00:10	Women's Aerial Finals (F2) (6)				
	17:39	- 17:41	00:02	Women Winners Celebration + Flash Interview				
	17:41	- 17:51	00:10	Men's Aerial Finals (F2) (6)				
	17:51	- 17:53	00:02	Men Winners Celebration + Flash Interview				
	17:53	- 17:55	00:02	Finish Area Awards Preparation				
	17:55	- 17:59	00:04	Women's Aerial Awards				
	17:59	- 18:03	00:04	Men's Aerial Awards				
	18:03	- 18:05	00:02	Women's and Men's Yellow Bib				
18:05	- 18:15	00:10	Media Interviews					
Departure		Sunday, 7 December 2025						

MO		FIS Freestyle Ski World Cup RUKA (FIN)				FS	
FIS 8122/8123						as of 07/09/25 - RINI	
Thursday, 4 December 2025					ARRIVAL		
	Start		Finish	Duration	Event		Location
ARR	09:00	-	17:00	08:00	Arrival		
MTG	20:00	-	21:00	01:00	Mogul Medical and Team Captains Meeting		Online
Friday, 5 December 2025					COURSE DEVELOPMENT		
	Start		Finish	Duration	Event		Location
MO	13:00	-	13:20	00:20	Men's' Mogul Inspection		
	13:20	-	13:25	00:05	Course Preparation		
	13:25	-	14:10	00:45	Men's' Mogul Practice Session 1		
	14:10	-	14:20	00:10	Course Preparation		
	14:20	-	15:05	00:45	Men's' Mogul Practice Session 2		
	15:05	-	15:25	00:20	Women's Mogul Inspection		
	15:25	-	15:35	00:10	Course Preparation		
	15:35	-	16:20	00:45	Women's Mogul Practice Session 1		
		16:20	-	16:30	00:10	Course Preparation	
	16:30	-	17:15	00:45	Women's Mogul Practice Session 2		
MTG	17:15	-	17:25	00:10	Mogul Course Review		Finish Area
Saturday, 6 December 2025					PRACTICE		
	Start		Finish	Duration	Event		Location
MO	09:30	-	09:50	00:20	Women's' Mogul Inspection		
	09:50	-	09:55	00:05	Course Preparation		
	09:55	-	10:40	00:45	Women's' Mogul Practice Session 3		
	10:40	-	10:50	00:10	Course Preparation		
	10:50	-	11:35	00:45	Women's' Mogul Practice Session 4		
	11:35	-	11:55	00:20	Men's Mogul Inspection		
	11:55	-	12:05	00:10	Course Preparation		
	12:05	-	12:50	00:45	Men's Mogul Practice Session 3		
		12:50	-	13:00	00:10	Course Preparation	
	13:00	-	13:45	00:45	Men's Mogul Practice Session 4		
MTG	20:00	-	21:00	01:00	Mogul Draw		Online
Sunday, 7 December 2025					MOGUL COMPETITION		
	Start		Finish	Duration	Event		Location
MO Qual.	10:45		11:00	00:15	Women's Inspection		
	11:00		11:10	00:10	Course Preparation		
	11:10		11:50	00:40	Women's Mogul Warm Up		
	11:50		12:00	00:10	Course Preparation		
	12:00		13:15	01:15	Women's Qualifications (Q1) (45)		
	13:15		13:30	00:15	Men's Inspection		
	13:30		13:40	00:10	Course Preparation		
	13:40		14:20	00:40	Men's Mogul Warm Up		
		14:20		14:30	00:10	Course Preparation	
	14:30		16:15	01:45	Men's Qualifications (Q1) (65)		
BRK	16:15	-	16:30	00:15	Break		
MO Final	16:30	-	16:40	00:10	Women's and Men's Mogul Finalist Inspection		
	16:40		16:45	00:05	Course Preparation		
	16:45	-	17:15	00:30	Women's and Men's Mogul Finalist Warm Up		
	17:15	-	17:30	00:15	Course Preparation		
	17:30	-	17:54	00:24	Women's Mogul Finals (F1) (16)		
	17:54	-	18:18	00:24	Men's Mogul Finals (F1) (16)		
	18:18	-	18:21	00:03	Break		
	18:21	-	18:31	00:10	Women's Mogul Finals (F2) (6)		
	18:31	-	18:33	00:02	Women Winners Celebration + Flash Interview		
	18:33	-	18:43	00:10	Men's Mogul Finals (F2) (6)		
	18:43	-	18:45	00:02	Men Winners Celebration + Flash Interview		
	18:45	-	18:48	00:03	Finish Area Awards Preparation		
	18:48	-	18:53	00:05	Women's Mogul Awards		
	18:53	-	18:58	00:05	Men's Mogul Awards		
	18:58	-	19:00	00:02	Women's and Men's Yellow Bib		
	18:58	-	19:08	00:10	FIS Podium Interviews		
Departure	Monday, 8 December 2025						



Training Teams Accommodation & Pricing Policy World Cup 2025

This document outlines the **official rules and pricing** for training teams accommodation at Ruka during the 2025–2026 season. These rules are based on **FIS World Cup Regulations** and Ruka LOC's training accommodation policy.

Discounted Rates for Freestyle Teams

- **Pre-season Ski-Inn accommodation discount (up to 18 November 2025):**
-20% off the standard rate for national freestyle teams.
- **From 19 November 2025 onwards:**
-15% off the standard rate, **excluding official FIS-rate days**.

Official FIS-Rate Days: Moguls & Aerials

- **Aerials (AE):** Arrival Tuesday, departure Sunday (3 training days + competition)
Dates: 2–7 December 2025
- **Moguls (MO):** Arrival Thursday, departure Monday (2 training days + competition)
Dates: 4–8 December 2025

FIS Rate for Season 2025–2026

- **CHF 40 / person / night**
Invoiced in advance. Currency exchange rate conversion: **€42 / person / night**
- With reference to the FIS rule, please note that we do **not provide half-board accommodation**.
- **Eligibility:** FIS-rate applies to **athletes and team staff only**.
- For the first 6 athletes in the World Cup ranking, accommodation will be free of charge.

Room Use Policy

All bedrooms in the apartment must be occupied.

Example: RS43 must not be used by only one person. If one of the bedrooms remains unoccupied, we will charge CHF 40 / €42 per night for the empty room during the FIS rate period. **Example:** RV40 – same policy as RS43.

RV30 – if only one person stays in the apartment, we will charge CHF 40 / € 42 per night per person.

Late entry

- Teams or persons who register late (art. 7.6.3 and 7.6.4) have no right to reservation at the FIS Rate (art. 3.3.1).

Single Room Policy

- One single room per country for a team official can be provided for **CHF40 / 42€/ person / night**.
- One extra (1) **single room** may be purchased at the rate of **CHF 120 per night / 128€ per night**
- This single room supplement applies to the following room types when used by only **one person**:
→ ***RukaVillage30, RukaSuites43, RukaVillage40, RukaVillage45, RukaValley28LUX, RukaAurinkorinne33***