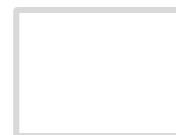


FIS Cross-Country World Cup

Trondheim (NOR)
05.12.2025 - 07.12.2025



Contact information

Last update: 06.12.2025 16:49

Organiser contact information	
Phone	General: +47 95021058 , Mobile: +47 95021058
E-mail	General: daniel@norwayevents.no , Entries: wcnordic@olympiaparken.no , Accommodation: wcnordic@olympiaparken.no
Address	Norway Events AS, Teglverket 1, 7013 Trondheim,
Website	https://www.norwayevents.no/
Social media	https://www.facebook.com/wcgranaasen

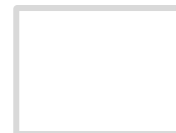
Offices and their opening hours		Officials and Contacts	
Race office	09:00-15:30 THURSDAY CC-building/Smistadvegen 13	FIS Technical Delegate	Mathieu Fort (FRA) Michel Rainer (ITA)
Race office	07.30-15:30 FRIDAY-SUNDAY CC-building/Smistadvegen 13	Finances	Silje Solbakken (NOR) +47 47620321 silje.solbakken@olympiaparken.no
		Wax Cabins	Trond Ola Halsli (NOR) +47 91510742 tohalsli@outlook.com
		Accommodation	Bente Laugen (NOR) +47 480 74 467 wcnordic@olympiaparken.no
		Transportation	Olav Nord-Varhaug (NOR) +47 90023242 onordva@gmail.com
		Medical Service	Edvard Andersen (NOR) +47 92237790 edvard_f_a@hotmail.com

Event schedule

Event schedule (LOC times)			
04.12.2025	Event	Location	Races
10:00 – 12:00	Official Training	Granaasen, Trondheim	5 Dec - WC Women's SP 5 Dec - WC Men's SP
12:30 – 14:30	Official Training	Granaasen, Trondheim	6 Dec - WC Women's Skt 6 Dec - WC Men's Skt
18:00	Team Captains' Meeting	Scandic Lerkendal/Teams	5 Dec - SPWQ Women's SP 5 Dec - SPWQ Men's SP 5 Dec - WC Women's SP 5 Dec - WC Men's SP
05.12.2025	Event	Location	Races
06:30 – 18:00	Course Open	Ski Test 1	
06:30 – 09:40	Course Open	Ski Test 2	
07:30 – 18:00	Course Open	Upper part of the 3.3 km Red	
07:45 – 09:40	Course Open	Sprint Course	

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10:05 – 10:15	Course Open	Sprint Course - Between women's and men's qualification	
10:45 – 12:10	Course Open	Sprint Course and Ski Test 2	
14:40 – 18:00	Course Open	All Courses	
09:45	Competition start	Granaasen, Trondheim	5 Dec - SPWQ Women's SP 5 Dec - SPWQ Men's SP
12:15	Competition start	Granaasen, Trondheim	5 Dec - WC Women's SP 5 Dec - WC Men's SP
18:00	Team Captains' Meeting	Scandic Lerkendal/Teams	6 Dec - WC Women's Skt 6 Dec - WC Men's Skt
06.12.2025	Event	Location	Races
15:00 – 16:30	Official Training	Granaasen, Trondheim	7 Dec - WC Women's 10k 7 Dec - WC Men's 10k
06:40 – 18:00	Course Open	Ski Test 1	
07:55 – 11:25	Course Open	Ski Test 3	
08:10 – 11:05	Course Open	Upper part of the 3.3 km Red	
06:40 – 09:30	Course Open	2,5 km Course - NC Only	
10:40 – 11:05	Course Open	3.3 km Red + 3.3 km Blue	
12:10 – 12:55	Course Open	3.3 km Red + 3.3 km Blue	
16:30 – 18:00	Course Open	All Courses	
11:10	Competition start	Granaasen, Trondheim	6 Dec - WC Men's Skt
13:00	Competition start	Granaasen, Trondheim	6 Dec - WC Women's Skt
18:00	Team Captains' Meeting	Scandic Lerkendal/Teams	7 Dec - WC Women's 10k 7 Dec - WC Men's 10k
07.12.2025	Event	Location	Races
06:15 – 18:00	Course Open	Ski Test 1	
06:30 – 09:25	Course Open	5 km Course	
10:50 – 11:50	Course Open	5 km Course	
13:25 – 13:55	Course Open	2,5 km Course - NC Only	
09:30	Competition start	Granaasen, Trondheim	7 Dec - WC Women's 10k
11:55	Competition start	Granaasen, Trondheim	7 Dec - WC Men's 10k

Dear Ski Friends!

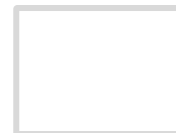
It is a great pleasure to invite all members of the International Ski Federation to participate in the Coop FIS Cross-Country World Cup in Trondheim from 5th - 7th of December 2025.

We are excited to present our state-of-the-art ski facility in Granåsen and welcome you back to the same venue as used during the FIS Nordic World Ski Championship in 2025.

We look forward to seeing you all in Trondheim, Granåsen!

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LOC Contacts

OC Chair: Daniel Myrmæl Helgestad, daniel@norwayevents.no, +47 95021058

OC Chair: Kenneth Tanem, kenneth@norwayevents.no, +47 93039902

Chief of competition CC: Morten Vannebo, mortenvannebo@hotmail.com, +47 90790385

Chief of competition NC: Linda Svendsrud, linda.svendsrud@olympiaparken.no, +47 95949294

Accommodation/Finances: Olympiaparken AS, wcnordic@olympiaparken.no, +47 48074467

Event office and transport: Olav Nord-Varhaug, onordva@gmail.com, +47 90023242

Chief of media: Tor Arve Hegerberg, tor.arve.hegerberg@rbk.no, +47 92420959

Chief of timing: Torgeir Aune, torgeira@gmail.com, +47 99389829

Chief of team area: Trond Ola Halsli, tohalsli@online.no, +47 91510742

Chief of race office: Gøril Holmvassdal, holmvassdal@gmail.com, +47 41468903

Accommodation

The OC offers the following accommodation for athletes and staff (full board included) at this hotels:

Scandic Lerkendal Hotel - Address: Klæbuveien 127A, 7013 Trondheim - Phone: +47 21 61 51 00

Quality Panorama Hotel - Address: Ivar Lykkes veg 1, 7075 Tiller - Phone: +47 72 90 05 00

Clarion Brattøra Hotel - Address: Brattørkaia 1, 7010 Trondheim - Phone: +47 73 92 55 00

Quality Airport Hotel Værnes - Address: Kjøpmannsgata 20, 7500 Stjørdal - Phone: +47 74 80 45 00

Prices and rules:

Booking according to the FIS Rules via FIS Online registration system: https://www.fis-ski.com/DB/?authentication_page=signin

The OC will cover accommodation costs according to the FIS World Cup rules

Each team has the right (for each gender) to have one single room without any additional cost. All other single rooms will be charged. In case of extra single rooms inside red group/coc winners the cost difference between single and double room must be paid.

The price for accommodation outside of the red group/COC winners or for additional nights is CHF 125 per person in double room. The price for additional single rooms is CHF 160. Both prices include full board.

FIS Entry deadlines:

Preliminary entries: 10/10/2024

Entries: 27/11/2024

Cancellation rules and fees:

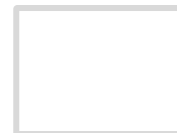
Please see World Cup Rules article 4.2.4.

Cancellation fee between 8 days and until the end of the events: 100% cancellation fee

For cancellations of more than what is stated in the rules above the OC will charge a 100% cancellation fee

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Gym access:

Scandic Lerkendal Hotel: Gym at the hotel, or you can pay for access to Impulse Lerkendal here:
<https://maps.app.goo.gl/P8fQRvjm3oZ3dEvD6>

Quality Panorama Hotel: Gym at the hotel, or you can pay for access to Impulse Granåsen here:
<https://maps.app.goo.gl/RaB5GAeKgCqXzE9X7>

Quality Airport Hotel Værnes: Gym at the hotel, or you can pay for access to Impulse Stjørdal here:
<https://maps.app.goo.gl/zwXW8ysCAHZKSu8m7>

For entrance to Impulse Gym you must register [here](#) BEFORE you go to the gym.

Password: worldcup

Meal Schedule Scandic Lerkendal Hotel:

Monday-Tuesday

Breakfast: 06.30-09.30

Lunch: 11.30-14.30

Dinner: 18.00-21.00

Wednesday

Breakfast: 06.30-09.30

Lunch: 12.30-15.30

Dinner: 18.00-21.00

Thursday

Breakfast: 06.30-09.30

Lunch: 13.15-16.15

Dinner: 18.00-21.00

Friday

Breakfast: 06.30-09.30

Lunch: 12.00-14.30

Dinner: 17.00-20.15

Saturday-Sunday

Breakfast: 07.00-11.00

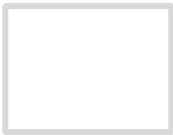
Lunch: 12.00-14.30

Dinner: 17.00-20.15

Meal Schedule Quality Panorama Hotel

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Monday-Friday

Breakfast: 06.00-09.00
Lunch: 11.30-14.30
Dinner: 18.00-21.00
Evening Meal: 21.00-22.00

Saturday-Sunday

Breakfast: 06.00-10.00
Lunch: 13.00-16.00
Dinner: 18.00-21.00
Evening Meal: 21.00-22.00

Meal Schedule Quality Airport Hotel Værnes

Monday-Saturday

Breakfast: 05.00-09.30
Lunch: 12.00-15.00
Dinner: 18.00-21.00
Evening Meal: 21.00-22.00

Sunday

Breakfast: 05.00-10.30
Lunch: 12.00-15.00
Dinner: 18.00-21.00
Evening Meal: 21.00-22.00

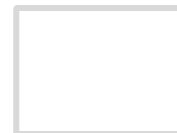
Meal Schedule Clarion Brattøra Hotel

Monday-Friday

Breakfast: 07.00-09.30
Lunch: 11.30-14.30
Dinner: 18.00-21.00
Evening Meal: 21.00-22.00

Saturday-Sunday

Breakfast: 08.00-11.00
Lunch: 11.30-14.30
Dinner: 18.00-21.00
Evening Meal: 21.00-22.00



Accreditation

The accreditation cards will be handed out at the event office at Scandic Lerkendal Hotel. Please note that the accreditations will be approved according to the registrations in the FIS Entry. Those who have the FIS season accreditation can use this instead of the local accreditation.

Those who don't register through the FIS online entry system need to apply for accreditation here:

<https://accreditation.rubic.no/public/organization/7205/project/68/application-form>

For the application form or other questions regarding accreditation please contact accreditation@olympiaparken.no

Opening hours event office at Scandic Lerkendal Hotel:

Tuesday: 10:00-16:00

Wednesday: 10:00-16:00

Thursday: 09:00-13:00

Friday: 14:00-19:00

Saturday: 16:00-19:00

Opening hours accreditation office at Scandic Lerkendal Hotel:

Tuesday: 12:00 – 18:00

Wednesday: 12:00 – 18:00

Thursday: 08:00 – 20:00

Friday: 08:00 – 20:00

Saturday: 08:00 – 14:00 + 18:00 – 20:00

Sunday: 08:00 – 12:00

Parking

Parking in Granåsen:

Due to limited parking spaces in Granåsen, only accredited vehicles will be allowed to enter the arena. Each nation accredits maximum three vehicles. Accreditation for the cars will be handed out at the event office at Scandic Lerkendal Hotel. For those who are staying at Quality Airport Hotel there will be issued parking permits for all team cars.

Parking at the hotels:

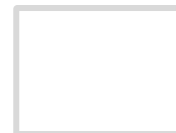
Scandic Lerkendal Hotel: Monday to Friday 08:00-16:00 public parking must be used. Monday to Friday 16:00-08:00 and all of Saturday and Sunday you can find free parking here: <https://maps.app.goo.gl/dRvohbz6DZSFN7ph9>

Quality Panorama Hotel: There will be free parking the whole week here: <https://maps.app.goo.gl/74SRVGGUW714dZ3KA>

Quality Airport Hotel Værnes: Free parking at the hotel

For those who are staying at Scandic Lerkendal, the event office can be helpful to guide you to the nearest parking place.

IMPORTANT: ALL PARKING IS AT YOUR OWN RISK, AND THE OC ACCEPTS NO RESPONSIBILITY FOR ANY FINES THAT MAY BE ISSUED.



Transport

Official Airport: Trondheim Airport Værnes (TRD)

Transport from/to the airport:

- Shuttle Schedule to airport Sunday 7th [here](#)

Transport from/to the airport (TRD) will be organized free of charge under the following conditions:

- There will be bus transport from the airport to the hotels for the Ruka charter arriving Monday 1.12.
- There will be 1 bus transport from the airport to the hotels Wednesday 3.12 at 15:30.
- All other transport from the airport to the hotels will be done by minibus and cars ongoing throughout the week, and only for the teams that have registered their transport needs in the FIS online registration system.
- All transport from the airport to the hotels are located [here](#), 50-100m to the left outside of the arrival terminal.
- There will be a shuttle service from the hotels to the airport all of Sunday 7.12 and Monday 8.18.
- The arriving and departing times have to be communicated to the OC latest 8 days before arrival. Please fill in your request through the FIS online registration system.
- Only one free of charge transfer per team from the official airport to the hotel and one from the hotel to the airport. All other transport will be charged 200 NOK per person per transport.
- Only for the staff included in the staff quota.
- The arriving and departing times have to be communicated to the OC latest 8 days before arrival. Please fill in your request through the FIS online registration system.

Transport between the hotels and Granåsen

- Shuttle Schedule [here](#)

Since we are using multiple hotels there will be to different bus routes:

Route 1: Scandic Lerkendal Hotel - Quality Panorama Hotel - Granaasen - Quality Panorama Hotel - Scandic Lerkendal Hotel

Route 2: Quality Airport Hotel - Granaasen - Quality Airport Hotel

All booking and questions about transport should be directed to the Event office and transport booking at Scandic Lerkendal: Olav Nord-Varhaug, onordva@gmail.com, +47 90023242

Reimbursement

FIS Officials:

Carrying costs/Reimbursement:

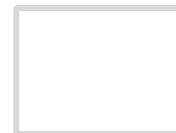
Expenses sheets must be sent to silje.solbakken@olympiaparken.no. Payments will be done by bank transfer.

Travel money / Nation support and payment

Travel money and nation support will be deducted from accommodation above quota and paid by bank transfer. Please send us updated

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bank information to silje.solbakken@olympiaparken.no

Accommodation costs: Teams will pay directly in the event office at Scandic Lerkendal hotel. Only credit cards will be accepted.

In case you are not able to pay by card, please send us your invoice information in advance.

For teams that already know that all their accommodation is inside the quota, please send us updated bank information.

Prize money

Prize Money will be paid by bank transfer to the athletes after the event. The prize money is regulated by the FIS World Cup Rules. Receipts will be provided to the athlete electronically and a copy transmitted to FIS. Remember to upload bank info using the FIS Athlete Registration module in the FIS member section. Responsible for prize money: heddamarieloken.hoel@skiforbundet.no

Income tax information for prize money

Income tax of European citizens is 15%

Income tax of non-European citizens is 15% (USA 0%)

Tax will be deducted by the OC according to the Norwegian Foreign Artist Taxation Act, and taxes will be paid by the OC according to the regular tax legislation in Norway.

Team Catering

Costs for lunch service at the venue is EUR 15 per person per day for over quota or if you haven't ordered and paid full board via the Organizing Committee.

All teams will have full board at the hotel. From Thursday to Sunday, we will have food in the main stadium building CC. If you want to eat at the venue your accreditation needs to have the correct access. To avoid food waste, please let the hotel know who is eating lunch in the hotel or on site.

Date - Location - Coffee/Snack - Warm lunch

Thursday 4th - Main stadium building - 08:00-16:00 - 11:00 – 14:00

Friday 5th - Main stadium building - 08:00-16:00 - 11:00 – 14:00

Saturday 6th - Main stadium building - 08:00-16:00 - 11:00 – 14:00

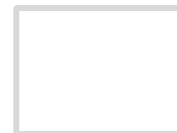
Sunday 7th - Main stadium building - 08:00-15:00 - 11:00 – 13:30

Changing facilities

There are separate changing rooms for men and women inside the arena buildings. There are no changing facilities in the team area, but we will allow parking for those who have team buses in addition to their waxing trucks.

Waxing facilities

- Wax cabins and parking space for the waxing trucks are located in the team area, above the stadium.
- Wax cabins are available from 02/12/2025 at 08:00.
- Contact person is Trond Ola Halsli: tohalsli@outlook.com
- The key to the wax cabins will be handed over from the service office located in the team area. Key return to the service office at the



waxing area.

- Wax cabins for SRS companies according to World Cup rules

Medical Service & Health protection plan

- In case of emergency in Norway, call 113.
- Medical facilities are located in the arena building at the venue in Granåsen.
- Hospital: St.Olavs Hospital: <https://stolav.no/en>

Regulations of radio equipment/Radio Frequencies

The import, export and the operation of radio equipment in Norway is regulated by national law. Permits for the use of radio transmission equipment must be requested according to national specifications.

- For information please see: <https://www.nkom.no/english/frequency-licences>
- Please fill in the form "Application for temporary use of radio equipment in Norway" and return it to: firmapost@nkom.no
- Deadline: as soon as possible.

Regulations of Visa

- Citizens of some countries will need a visa for visiting Norway. Please check with your embassy if you need a visa.
- For further details, please visit: <https://www.udi.no/en/>
- For an official letter of invitation, please send a request to: kenneth@norwayevents.no

Special permissions for truck driving

There is no need for special permissions for truck driving on Norwegian roads. No special rules and regulations, except for the normal Scandinavian weather and snow conditions and the need for snow tires.

Doping control

According to FIS standards and rules.

FIS License

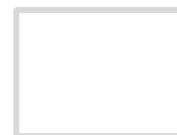
To participate in FIS events all athletes must possess a valid FIS Code.

Insurance

All athletes need the insurance arranged by their NSA. LOC is not responsible for any injuries of the athletes neither for the damage or lost property.

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Testing protocol by LOC or host country

No requirements from the LOC or host country.

Maps

Updated course maps on our website: <https://www.norwayevents.no/wc-team-info>