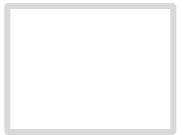


# FIS Continental Cup Men / Inter-Continental Cup Women

Lillehammer (NOR)  
30.01.2026 - 01.02.2026



## Contact information

Last update: 28.01.2026 14:55

### Organiser contact information

<b>Phone</b>	General: <a href="tel:97793788">97793788</a> , Mobile: <a href="tel:97793788">97793788</a>
<b>E-mail</b>	General: <a href="mailto:coc@olympiaparken.no">coc@olympiaparken.no</a> , Entries: <a href="mailto:coc@olympiaparken.no">coc@olympiaparken.no</a> , Accommodation: <a href="mailto:coc-accommodation@olympiaparken.no">coc-accommodation@olympiaparken.no</a>
<b>Address</b>	Lillehammer Olympiapark AS, Nordsetervegen 45, 2614 Lillehammer

### Officials and Contacts

<b>FIS Technical Delegate</b>	Franck Salvi (FRA) Karoliina Ojala (FIN)
<b>Finances</b>	Silje Solbakken <a href="mailto:silje.solbakken@olympiaparken.no">silje.solbakken@olympiaparken.no</a>
<b>Accommodation</b>	Bente Laugen <a href="mailto:coc-accommodation@olympiaparken.no">coc-accommodation@olympiaparken.no</a>
<b>Chief of Competition</b>	Robert S. Hansen <a href="mailto:robert.selbekk-hansen@gausdal.kommune.no">robert.selbekk-hansen@gausdal.kommune.no</a>
<b>Sport</b>	Mikko Kokslie <a href="mailto:mikko.kokslie@olympiaparken.no">mikko.kokslie@olympiaparken.no</a>

## Event schedule

### Event schedule (LOC times)

30.01.2026	Event	Location	Races
19:00	Team Captains' Meeting		31 Jan - ICOC Women's NH 1 Feb - ICOC Women's NH 31 Jan - COC Men's LH 1 Feb - COC Men's LH
31.01.2026	Event	Location	Races
09:00	Training	Lyngårdsbakkene Ski Jumping Arena	31 Jan - ICOC Women's NH
09:45	Start Trial Round	Lyngårdsbakkene Ski Jumping Arena	31 Jan - ICOC Women's NH
10:30	Competition start	Lyngårdsbakkene Ski Jumping Arena	31 Jan - ICOC Women's NH
13:30	Training	Lyngårdsbakkene Ski Jumping Arena	31 Jan - COC Men's LH
14:30	Start Trial Round	Lyngårdsbakkene Ski Jumping Arena	31 Jan - COC Men's LH
15:30	Competition start	Lyngårdsbakkene Ski Jumping Arena	31 Jan - COC Men's LH
01.02.2026	Event	Location	Races
09:30	Start Trial Round	Lyngårdsbakkene Ski Jumping Arena	1 Feb - COC Men's LH
10:30	Competition start	Lyngårdsbakkene Ski Jumping Arena	1 Feb - COC Men's LH
13:00	Start Trial Round	Lyngårdsbakkene Ski Jumping Arena	1 Feb - ICOC Women's NH
13:30	Competition start	Lyngårdsbakkene Ski Jumping Arena	1 Feb - ICOC Women's NH

# FIS Continental Cup Men / Inter-Continental Cup Women

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30.01.2026 - 01.02.2026



## FIS officials

**FIS Coordinator** M Berni Schödler

**FIS Technical Delegate** Salvi Frank (FRA)

**FIS Technical Delegate Ass.** Ojala Karolina (FIN)

**Local Material Controller** TBC

### Judges:

Jarsve Kristine NOR

Torvinnen Petra FIN

Trond Bysveen NOR

Glenn Remi Helgerud NOR

Alf Kristian Fahle NOR

## LOC Contacts

### Chief of OC

Mikko Kokslie

Phone: +47 977 93 788

Email: mikko.kokslie@olympiaparken.no

### Chief of Competition

Robert S. Hansen

Phone: +47 958 05 244

Email: robert.selbekk-hansen@gausdal.kommune.no

### Chief of Hill

Kenneth Gangnes

### Accommodation

Bente Laugen

Phone: +47 480 74 467

Email: coc-accommodation@olympiaparken.no

### Transportation

Geir Olaf Oterholt

Phone: +47 909 01 015

Email: geir@bluesfest.no

### Finances

Silje B. Solbakken

Phone: +47 476 20 321

Email: silje.solbakken@olympiaparken.no

### Wax cabins SJ

Roar Olsen

# FIS Continental Cup Men / Inter-Continental Cup Women

Lillehammer (NOR)  
30.01.2026 - 01.02.2026



Phone: +47 911 70 733

Email: roar.olsen@olympiaparken.no

## Medical Service

Frøydis Nerموen

Phone: +47 997 35 468

Email: froydis.nermoen@gmail.com

## OC Offices

Race office: Lysgårdsbakkene Ski Jumping Arena

Event office: There will be no event office on site. However, we will be available by email throughout the event.

## Accommodation

The OC offers the following accommodation (full board included) for athletes and staff:

Hotel Scandic Victoria Lillehammer and Birkebeineren Hotel and apartments. Program for meals TBC.

Address Hotel Scandic Victoria: Nymosvingen 3, 2609 Lillehammer

Address Birkenbeineren hotel and apartments Birkebeinervegen 24, 2618 Lillehammer

## Price and rules

Booking according to the FIS Rules via FIS Online registration system: [https://www.fis-ski.com/DB/?authentication\\_page=signin](https://www.fis-ski.com/DB/?authentication_page=signin)

The price for accommodation outside of the quota or for additional nights is CHF 125 per person in a double room or apartment (minimum number of persons occurs).

The price for additional single rooms is CHF 160.

In cases where single room is not necessary because of gender, role, number of athletes and staff inside the quota, the cost difference between single and double rooms must be paid

## FIS Entry deadlines:

Preliminary entries: 19/12/2025

Entry: 21/01/2026

## Cancellation rules and fees:

Please see FIS Ski Jumping Continental Cup Rules 6.1.1

Cancellation fee between 8 days and until the end of the events: 100% cancellation fee.

For cancellations of more than what is stated in the rules above the OC will charge a 100% cancellation fee.

In case you are not able to pay by card, please send us your invoice information in advance.

# FIS Continental Cup Men / Inter-Continental Cup Women

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## Reimbursement for FIS Officials

Carrying costs/Reimbursement:

Expenses sheets must be sent to [silje.solbakken@olympiaparken.no](mailto:silje.solbakken@olympiaparken.no). Payments will be done by bank transfer.

## Payment

Accommodation costs above quota and transport: Teams will pay directly in the event office at Scandic Victoria Hotel. Only credit cards will be accepted.

In case you are not able to pay by card, please send us your invoice information in advance.

## Prize money

Prize money will be paid by bank transfer to the athletes after the FIS Continental Cup Lillehammer. The prize money is regulated by the FIS Rules for Continental Cup. Receipts will be provided to the athlete electronically and a copy transmitted to FIS.

Remember to upload bank info using the FIS Athlete Registration module in the FIS member section.

Responsible for prize money: [heddamarieloken.hoel@skiforbundet.no](mailto:heddamarieloken.hoel@skiforbundet.no)

## Income tax information for prize money

Income tax of European citizens is 15%

Income tax of non-European citizens is 15% (USA 0%)

Tax will be deducted by the OC according to the Norwegian Foreign Artist Taxation Act, and taxes will be paid by the OC according to the regular tax legislation in Norway.

## Official transport and shuttle

### Official transport

Official airport: Oslo Airport Gardermoen

There will not be arranged official transportation from the airport upon arrival

For OC transportation upon departure, please fill in your request through the FIS online registration system: [https://www.fis-ski.com/DB/?authentication\\_page=signin](https://www.fis-ski.com/DB/?authentication_page=signin)

The price for OC bus is 40 CHF per person

### Alternative transportation (if no OC bus):

Train: Direct train (approx one departure every hour, except for in the night). Please see the schedule/order here: <https://www.vy.no/en>. Choose Oslo Lufthavn (the airport) to Lillehammer. Alternatively buy the ticket at the airport/station or on board the train.

### Shuttle from the train station:

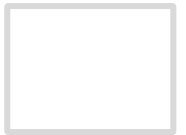
For transportation from the train station to the venue and the hotel please contact chief of transport Geir Olaf Oterholt

### Shuttle to the venues:

There will be shuttle service from the hotel to the venues. For shuttle times see information at the hotel reception area

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## Bibs

Bibs for official training and the ski jumping competitions will be distributed one hour before the competition in the Race Office in the Ski Jumping Hill.

## Waxing facilities

You will find waxing cabins close to the Ski Jumping Hill - according to FIS rules.

Key pic-up: In the 936-shop building in the outrun of the venue.

## Training fee

The price for training is 500 NOK per person per day. This can be paid directly in the 936-shop building at the hill.

## Competition Rules

The number of participants in the competitions for Continental Cup SJ must comply with official FIS competition rules and regulations.

## Doping Control

Doping control may be carried out at any FIS competition according to FIS Anti-Doping Rules.

## Economy- Insurance

Financial conditions are according to the FIS Rules and regulations.

All competitors must be insured by their own National Ski Association and must have signed the Athletes Declaration.

The Organizers have coverage for their own third-party liability only.

## Regulations of Visa

Remember that citizens of some countries will need a visa for visiting Norway.

Please check with your embassy if you need a visa for Norway.

If you need an official letter of invitation from the OC, please send a request to: [coc@olympiaparken.no](mailto:coc@olympiaparken.no). Be sure to send names and what kind of information you need to get accepted to travel to Norway.